

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens.

Institute takes pride in promoting the constitutional obligations: values, rights, duties and responsibilities to its students and employees by organizing various events/programs.

List of events/programs organized in the institute to inculcate the constitutional obligations:

1. “Blood Donation Camp” program was organized on 08th July 2023 by NSS cell, KSIT at college premises in association with Rotary Club of Bangalore Vidyapeeta and Indian Red Cross.

The objective of the program was to make students aware about the importance of this best practice. Donors by each donation their blood cells will be rejuvenated and hence youthfulness in the blood will be present on every occasion.

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2. “MEDICAL TACTILE EXAMINATION CAMP” program was organized on 01st August 2023 by NSS cell, KSIT at college premises. This camp was conducted in association with IEEE-WIE, ASH and Institutions Innovation Council.

The objective of the program was to bring awareness among ladies about the breast cancer.

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3. “WORKSHOP ON FIRST AID AND BASIC LIFE SUPPORT” program was organized on 19th August 2023 for 3rd sem students by NSS cell, KSIT at college premises.

The objectives of the program:

- To Introduce First aid and Basic life support.
- To recognize emergency situation.
- To make us aware of Cardiopulmonary resuscitation, CPR Techniques, Compression techniques, Choking relief techniques.
- To make us aware of managing severe bleeding and wound care & use of automated external defibrillator.

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4. “FIRE EXTINGUISHER” program was organized on 12th September 2023 by NSS unit of KSIT at college premises.

The objectives of the program:

- To successfully extinguish fires with the use of a fire extinguisher.
- To successfully evacuate an installation on fire.
- To apply the theory of the fire triangle in preventing fires at worksites.
- To carry out a simple fire risk assessment on the premises.
- To understand and use the principles of fire suppression.

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5. “ORIENTATION FROM NSS TEAM” program was organized on 13th and 14th September 2023 by NSS cell, KSIT at college premises.

The objective of the program was to bring the awareness of the Roles of NSS Volunteers in Serving the Nation and the meaning of the NSS and its logo.

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6. “INTERNATIONAL DAY OF DEMOCRACY” program was organized on 15th September 2023 by NSS cell, KSIT at college premises.

The objectives of the program:

- To spread awareness on the importance of democracy.
- To commemorate the day, youth are encouraged to participate in various exchange programs.
- To provide an opportunity to review the state of democracy in the world.
- For the protection and effective realization of human rights.

https://www.ksit.ac.in/images/1703072158081_image.pdf

7. “Helping Government Schools to Achieve Good Results” program was organized on 18th November 2023 by NSS cell, KSIT at college premises. NSS unit of NSS-KSIT undertook a commendable initiative to assist government schools in achieving better academic outcomes.

https://www.ksit.ac.in/images/1709278212025_image.pdf

8. “ZERO PLASTIC USAGE CAMPAIGN” program was organized on 19th February 2024 by NSS cell at Banashankari Temple, Bangalore.

The objective of the program was to raise awareness about the detrimental effects of plastic pollution and to promote sustainable alternatives within the temple premises.

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9. "EARTH DAY" program was organized on 23rd April 2024 by NSS cell, KSIT at college premises which calls for collective transformative action on a global scale to protect and restore our planet earth.

The objectives of the program:

- To raise awareness about the importance of Earth's natural environment and its conservation.
- Encourage individuals and communities to take proactive steps such as tree planting, waste reduction, and sustainable practices.
- Earth Day promotes the conservation of biodiversity by raising awareness about the importance of preserving ecosystems and protecting endangered species.
- To raise the awareness about the environmental issues and promote convention efforts to protect our planet Earth.

https://www.ksit.ac.in/images/1714984516319_image.pdf

10. "VOTER AWARENESS CAMPAIGN" program was organized on 24th April 2024 by NSS cell, KSIT at college premises.

The objectives of the program:

- Providing accurate information about the electoral process, including voter registration requirements, polling locations, and voting procedures.
- Ensuring citizens are aware of their voting rights, including the right to vote without discrimination based on race, gender, religion, or other factors.
- Motivating eligible voters to participate in elections, thereby increasing overall voter turnout rates.
- Promoting the importance of making informed choices by providing information about candidates, their platforms, and the issues at stake.
- Reaching out to marginalized and underrepresented groups to ensure their voices are heard in the democratic process.

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11. "NSS SPECIAL CAMP" program was organized from 07th June 2024 to 14th June 2024 by NSS cell at Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109.

OBJECTIVES OF THE PROGRAM:

- To engage volunteers in activities that contribute to the development and improvement of the village's infrastructure and living conditions.
- To educate villagers about health, hygiene, and sanitation practices to promote better living standards and prevent diseases.

- To initiate and participate in activities like tree planting, waste management, and water conservation to protect and preserve the village environment.
- To raise awareness about important social issues such as child labor, domestic violence, and substance abuse, and to encourage positive social change
- To foster a sense of cultural exchange and understanding between the volunteers and villagers, promoting unity and social cohesion.
- To develop leadership qualities and teamwork skills among volunteers through organizing and managing camp activities and projects.

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12. “INTERNATIONAL YOGA DAY” program was organized on 10th June 2024 by NSS cell at Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109 to promote importance of yoga.

The objectives of the program:

- To promote physical and mental well-being among village residents, enhancing their overall health and quality of life.
- To increase awareness about the benefits of yoga for health and wellness, educating villagers on its impact on physical, mental, and emotional well-being.
- To provide a platform for villagers to come together and practice yoga, fostering a sense of community and social connection.
- To reduce stress and anxiety, and improve overall quality of life, promoting relaxation and calmness.
- To encourage villagers to adopt yoga as a regular practice for a healthier lifestyle, inspiring long-term commitment to physical and mental well-being

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13. “ENVIRONMENT DAY” program was organized on 13th June 2024 by NSS cell at Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109 to create awareness about earths existing conditions in terms of environment.

The objectives of the program:

- To promote environmental awareness and education among village residents, emphasizing the importance of conservation and sustainable living practices.
- To combat climate change and air pollution by increasing green cover, which will help reduce carbon footprint and produce oxygen.
- To protect and conserve natural resources for future generations, ensuring a healthy and thriving environment.
- To bring the community together and foster a sense of responsibility towards the environment, encouraging collective action and ownership.
- To inspire sustainable living practices and encourage environmentally-friendly habits

among villagers, such as reducing waste, using renewable energy sources, and promoting eco-friendly agriculture.

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14. “NASHA MUKT BHARATH ABHIYAAN” program was organized on 24th June 2024 by NSS cell, KSIT at college premises. The Nasha Mukta Bharath Abhiyan was initiated by the Government of India and conducted by the Sister Brahmakumaris, she taught Rajayoga Meditation to get mastery over the senses.

The objective of the program was to bring awareness on aspects of drug abuse, rehabilitation, social aspects of drug usage, potential action plans to curb drug menace. “Say no to drugs, Say yes to life” was the theme resonating for this event.

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15. “DRUG AWARENESS PROGRAM” program was organized on 25th June 2024 by NSS cell, KSIT at college premises

The objectives of the program:

- To educate students about the dangers and harmful effects of drug abuse, including the physical, emotional, and psychological consequences.
- To raise awareness about the risks of addiction, the impact on mental health, and the potential for overdose and death.
- To provide information about the different types of drugs, including prescription drugs, illicit drugs, and substances of abuse, and their effects on the body and brain.
- To promote a healthy and drug-free lifestyle among students, by encouraging them to engage in positive activities, seek help when needed, and support their peers in making healthy choices.
- To provide resources and support for students struggling with drug addiction or substance abuse, including counseling, referral services, and support groups, to help them overcome their addiction and achieve a healthy and fulfilling life.

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KAMMAVARI SANGHAM (R) - 1952

K. S. INSTITUTE OF TECHNOLOGY

(Approved by AICTE, New Delhi; Affiliated to VTU, Belagavi, Karnataka; Accredited by NBA & NAAC)

#14, Raghuvanahalli, Kanakapura Road, Bengaluru - 560109

Tel: 080-28435722 / 24

Web : www.ksit.edu.in

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BENGALURU - 560 109.