



K.S. INSTITUTE OF TECHNOLOGY

National Service Scheme

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

DATE: 08/07/2023

Venue: KSIT new building, 5th floor

SCOPE : To donate blood and gift someone a precious life.

OBJECTIVES :

1. To sensitize the need of donating blood to the needy in time
2. To instill the feeling of helping others to breathe life with their precious donation
3. To motivate all students to take a pledge to donate blood at least once in a year
4. To impart to them the value of blood donation
5. To aware of the scientific information about the blood group

HIGHLIGHTS OF THE PROGRAM:

Human blood is an essential element of human life with no substitute. With the motto “Drop a blood now, for those who need it later”, NSS wing of KSIT under the umbrella of National Service Scheme(NSS) organized “Blood Donation Camp” on 08/07/2023 in association with Rotary Club of Bangalore Vidyapeeta and Indian Red Cross Society at KSIT new building, 5th floor. The camp was inaugurated with a motivating session by the experts and senior doctors to make students aware about the importance of this best practice. Prior to donation, the donor Students will be screened to identify their quality of blood to be collected. The underweight and the infected persons will not be allowed to provide donations as the medical advice. Donors will be informed that by each donation their blood cells will be rejuvenated and hence youthfulness in the blood will be present on every occasion.

- The donor Students will get free health check-ups in identifying the pulse rate, Blood pressure, Body temperature, and Hemoglobin level.
- The donor will be informed of their blood group.
- The donor students are given a certificate of appreciation.
- The sick students will get proper medical advice from the health personnel's.

All NSS volunteers actively took part in Blood Donation Camp and students & faculty members also took a great initiative in donating their blood to gift someone a precious life.





PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO 11	PO 12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



NSS COORDINATOR

NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
Bengaluru - 560 109



PRINCIPAL

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BENGALURU - 560 109.



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MEDICAL TACTILE EXAMINATION CAMP Report

Date of Conduction: 01st August 2023

Venue: Ladies waiting Room and First Aid Room

Time: 9.30 am to 3pm

Resource Persons: Examiners from CyteCare Cancer Hospital in collaboration with Oracle Volunteers

KSIT NSS in collaboration with Oracle Volunteers, CyteCare Cancer Hospital and Enable India conducted a Medical Tactile Examination Camp at KSIT, Bangalore. This camp was conducted in association with IEEE-WIE, ASH and Institutions Innovation Council.

The Camp started at 9.30 am. Five visually impaired ladies trained by CyteCare Cancer Hospital and working in that hospital itself were the examiners. This Medical Tactile Examination camp mainly aimed at going one step beyond bringing awareness among ladies about breast cancer. Around 22 female employees of our institution participated in this camp and got themselves examined. A confidential report was mailed to each employee individually so that they can be cautious about their health.



The camp came to an end at 3 pm. An informal valedictory was conducted where oracle volunteers and CyteCare hospital staff were felicitated.



Outcomes/Benefits:

- Female employees became aware of the importance of maintaining their health.
- Ladies got some tips to maintain good health.



Co-ordinator Signature



NSS Programme Officer
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Principal
K.S. INSTITUTE OF TECHNOLOGY
BENGALURU - 560 109



Kammavari Sangham
Institute of Technology
(KSIT), BANGALORE



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)



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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

**WORKSHOP ON FIRST AID AND
BASIC LIFE SUPPORT**

DATE: 19\08\2023

Venue: Conference Hall, Room number 007 and Room number 008

Organized By: NSS Unit of KSIT in Association with Dhee Hospital.

Duration: 9:30AM – 01:30PM

Participants: Principle, All the department heads, NSS
Volunteers, Students of 3rd Sem ECE.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To Introduce First aid and Basic life support.
- To recognize emergency situation.
- To make us aware of Cardiopulmonary resuscitation, CPR Techniques, Compression techniques, Choking relief techniques.
- To make us aware of managing severe bleeding and wound care & use of automated external defibrillator.

SCOPE OF THE PROGRAM

To Introduce the fundamental concepts of first aid and basic life support. The importance of timely intervention and the role of bystanders in saving lives were emphasized

INTRODUCTION

On the 19th of August 2023, Dhee Hospitals organized a comprehensive workshop on First Aid and Basic Life Support (BLS) at KSIT, Bangalore. The purpose of the workshop was to equip participants with essential knowledge and skills to provide immediate and effective assistance in emergency situations. The event aimed to empower attendees with the ability to respond confidently and effectively when faced with medical emergencies.

WORKSHOP STRUCTURE

The workshop was structured as an interactive and engaging session, led by experienced medical professionals from Dhee Hospitals. It included both theoretical lectures and practical hands-on training. The following key topics were covered during the workshop:

1. INTRODUCTION TO FIRST AID AND BLS:

Participants were introduced to the fundamental concepts of first aid and basic life support. The importance of timely intervention and the role of bystanders in saving lives were emphasized.

2. RECOGNITION OF EMERGENCY SITUATIONS:

The instructors explained how to identify various medical emergencies, including cardiac arrest, choking, severe bleeding, and respiratory distress. Participants were taught how to assess the situation and prioritize actions.

Few Medical Emergencies

Exhaustion
Heat Stroke Heat
Hyperventilation

Asthma
Anaphylaxis
Heart Attack

Fits
Faints
Nose Bleeds

3. CARDIOPULMONARY RESUSCITATION (CPR):

Detailed instructions on performing CPR were provided, including chest compressions and rescue breaths. Participants had the opportunity to practice CPR on mannequins under the guidance of instructors.

During the First Aid and Basic Life Support Workshop conducted by Dhee Hospitals at KSIT, Bangalore, one of the key topics covered was Cardiopulmonary Resuscitation (CPR). CPR is a life-saving technique used in emergencies, such as cardiac arrest, to maintain blood circulation and provide oxygen to the brain and other vital organs. The workshop provided participants with detailed instructions on how to perform CPR effectively. Here's an overview of the CPR training segment.

3.1 CPR Techniques Taught:

Step 1: - Check the safety of yourself and the patient's safety.

Step 2: - Checking for Responsiveness: The first step in CPR is to check if the victim is responsive. Instructors demonstrated how to gently tap the victim and ask loudly if they are okay. If there is no response, the participant should proceed with the next steps.

Step 3: - Activating Emergency Services: It was emphasized that the rescuer should call for emergency medical help (108 or local emergency number) before starting CPR or asking someone else to call if available.

Step 4: - Chest Compressions:

Hand Placement: Instructors taught participants how to position their hands correctly on the victim's chest. The heel of one hand should be placed on the center of the victim's chest.

3.2 Compression Technique

Participants learned how to perform chest compressions by pushing down hard and fast, aiming for a depth of at least 2 inches (5 cm) in adults. Compressions should be done at a rate of around 100-120 compressions per min



4. CHOKING RELIEF TECHNIQUES

Practical demonstrations on techniques to relieve choking were conducted. Attendees learned how to assist both conscious and unconscious choking victims.

4.1 CHOKING RELIEF TECHNIQUES:

During the First Aid and Basic Life Support Workshop conducted by Dhee Hospitals at KSIT, Bangalore, practical demonstrations on choking relief techniques were conducted to equip participants with the skills to assist both conscious and unconscious choking victims. Choking can be a life-threatening emergency, and knowing how to respond promptly and effectively is crucial.

4.2 Conscious Choking Victims

Participants were taught how to recognize the signs of a conscious choking victim, which may include holding the throat, inability to speak, and difficulty breathing. The following steps were demonstrated and practiced.

4.2.1. Encourage Coughing: If the victim is still able to cough forcefully, encourage them to do so, as this can help dislodge the object blocking their airway.

4.2.2. Abdominal Thrusts (Heimlich Maneuver):

Stand behind the victim and wrap your arms around their waist.

Make a fist with one hand and place the thumb side against the victim's upper abdomen, just above the navel and below the ribcage.

Grasp your fist with your other hand and give quick, inward and upward thrusts to help expel the object.

5. MANAGING SEVERE BLEEDING AND WOUND CARE:

Proper techniques for controlling severe bleeding were taught, along with wound cleaning and dressing methods. Participants gained an understanding of how to minimize the risk of infection.

Another critical aspect covered in the workshop was how to manage severe bleeding and provide effective wound care. Participants were instructed on the following steps:

Direct Pressure: In cases of severe bleeding, participants learned to apply direct pressure to the wound using a clean cloth, gauze, or their hands. This helps control bleeding and allows blood to clot.

Elevation: Elevating the injured area above the level of the heart can also aid in reducing blood flow to the wound and minimizing bleeding.

Pressure Points: Participants were introduced to specific pressure points that can be used to control bleeding in certain situations.

Tourniquets: While tourniquets should be a last resort, participants were taught how to apply them properly to stop severe bleeding in cases where other methods are not effective.

Participants had the opportunity to practice these techniques on training materials under the guidance of the instructors, ensuring that they were well-prepared to manage bleeding and wounds effectively.



6. USE OF AUTOMATED EXTERNAL DEFIBRILLATORS (AEDS):

The workshop covered the usage of AEDs in resuscitation efforts. Participants learned how to operate these devices safely and effectively.

During the First Aid and Basic Life Support Workshop conducted by Dhee Hospitals at KSIT, Bangalore, participants were educated on the crucial role of Automated External Defibrillators (AEDs) in resuscitation efforts. AEDs are devices designed to deliver an electric shock to a person experiencing sudden cardiac arrest (SCA) in order to restore a normal heart rhythm. The workshop focused on teaching participants how to operate AEDs safely and effectively.

Understanding AEDs:

The workshop began with an overview of AEDs, including their purpose, components, and importance in saving lives during cardiac emergencies. Participants were informed about the automated nature of these devices, which analyze the heart's rhythm and prompt the user to deliver a shock if necessary.

Operating AEDs:

1. Detailed step-by-step instructions were provided to participants on how to properly use an AED in a real-life scenario. The following key steps were covered.
2. Turn On the AED: Participants were shown how to power on the AED. Upon activation, the device typically provides clear voice prompts and visual instructions to guide the user through the process.
3. Attach Electrode Pads: The workshop demonstrated how to attach the adhesive electrode pads to the victim's chest. These pads are equipped with sensors to detect the heart's rhythm and provide feedback to the AED.
4. Analyze Heart Rhythm: Participants learned how to ensure everyone, including themselves, is clear of the victim before pressing the "Analyze" button. The AED then assesses the heart's rhythm to determine if a shock is required.
5. Deliver a Shock: If the AED determines that a shock is needed, participants were taught how to follow the device's instructions to deliver the shock. It's crucial to ensure no one is touching the victim during this process.
6. Resume CPR: After delivering a shock, the AED may prompt the user to resume CPR. Participants were guided on how to continue with chest compressions and rescue breaths following the shock.

Follow AED Prompts: Throughout the process, participants were reminded to carefully follow the AED's prompts and instructions. These devices are designed to provide user-friendly guidance to assist even those with limited medical knowledge.

Practice with Training AEDs:

To reinforce the learning, participants had the opportunity to practice using training AEDs on specialized mannequins. These training devices simulated real-life scenarios and responses, allowing participants to gain hands-on experience without the risk of delivering actual shocks.

Importance of AED Training:

The AED training segment highlighted the critical role of these devices in improving survival rates during cardiac arrest incidents. Participants left the workshop with the knowledge and confidence to operate AEDs effectively, potentially making a life-saving difference in emergency situations.



PARTICIPANT ENGAGEMENT:

The workshop fostered an interactive learning environment, encouraging participants to ask questions, share experiences, and engage in group discussions. The instructors provided personalized feedback and guidance to ensure that participants felt confident in their abilities by the end of the session.

CONCLUSION:

The First Aid and Basic Life Support Workshop conducted by Dhee Hospitals at KSIT, Bangalore, on the 19th of August 2023, proved to be a highly informative and practical event. Participants left with valuable skills and knowledge that could potentially save lives in emergency situations. The event showcased Dhee Hospitals' commitment to community welfare and healthcare education. Such workshops play a crucial role in building a society that is prepared to respond effectively to medical emergencies.

The workshop's success was a testament to the organizers' efforts, the expertise of the instructors, and the enthusiastic participation of attendees. It is hoped that the knowledge gained during the workshop will be shared and utilized for the betterment of the community.



PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

FIRE EXTINGUISHER

DATE: 12\09\2023

Venue: Quadrangle, Old building, KSIT.

Organized By: NSS Unit of KSIT.

Duration: 1:30 - 3:30 pm

Participants: Principle, All the department heads, NSS Volunteers and First Year Students.

INCHARGE FACULTY: Mr.NaveenV, NSS Program Officer, KSIT.

OBJECTIVES:

- To successfully extinguish fires with the use of a fire extinguisher.
- To successfully evacuate an installation on fire.
- To apply the theory of the fire triangle in preventing fires at worksites.
- To carry out a simple fire risk assessment on the premises.
- To understand and use the principles of fire suppression.

SCOPE OF THE PROGRAM:

The purpose of this fire fighting training is to give participants skills, knowledge and expertise that will enable them to identify the conditions capable of causing fire, know how to use a fire extinguisher, respond appropriately to fire emergencies and follow the fire evacuation plan, adequately implement fire emergency procedures.

HIGHLIGHTS OF THE PROGRAM

NSS wing of KSIT under the umbrella of National Service Scheme (NSS) organized an event on "FIRE EXTINGUISHER TRAINING PROGRAM" on 12th September 2023 at Quadrangle, KSIT, Bangalore. The Program was inaugurated by welcoming Principal, HOD's of all department, Students and NSS volunteers.

The safest way to deal with fire is to prevent it. The training program on Fire safety puts forth a set of practices and procedures to minimize the destruction caused by fire hazards. The skill & knowledge acquired through the Fire safety training program will equip the learners to combat fire in any unanticipated fire breakout. It will also enable the delegates to recognize workplace fire hazards and ensure adequate control measures.

The program aimed to train students and teachers on the basics of fire extinguishers and appropriate use of different types. It was held at the Quadrangle, OLD building, KSIT, thus allowing the trainers and participants to practice extinguishing fires from different origin.

The program started with the brief introduction regarding fire extinguishers and the trainer explained different types of fire, types of fire extinguishers, and the basic procedure to operate the fire extinguisher. And they gave the actual demonstration on how to extinguish different types of fires using appropriate fire extinguishers.

After the demonstration, the students were allowed to handle an actual fire situation with the guidance of the trainer.





PROGRAM OUTCOMES:

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KSIT
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ORIENTATION FROM NSS TEAM

Date of conduction: 13.09.2023

Time: 10.30 AM – 11.30 AM (Branch – CSE)

Venue: New Block Ground Floor, Conference Hall, KSIT

Date: 13.09.2023

Time: 1.30 PM – 02.30 PM (Branch – IOT & CSD)

Venue: New Block, First Floor Seminar Hall, KSIT

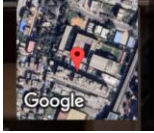
Date: 14.09.2023

Time: 10.30 AM – 11.30 AM (Branch –ECE & CCE)

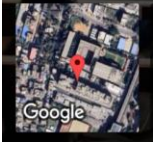
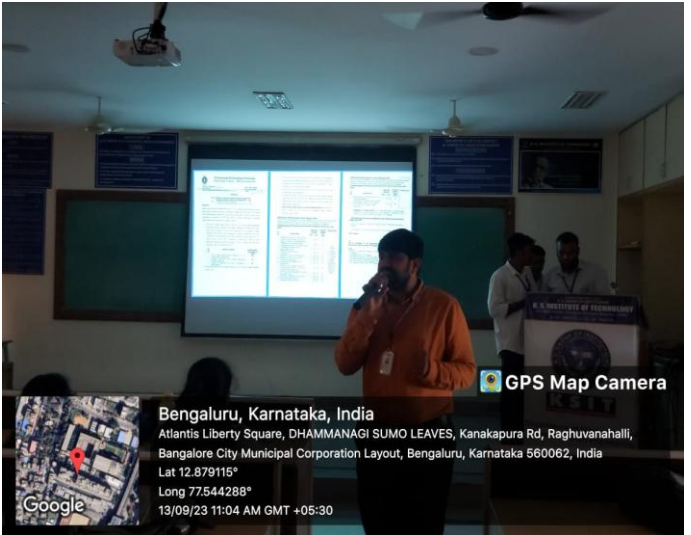
Venue: New Block, First Floor Seminar Hall, KSIT

Delivered By: Naveen V, NSS Program Officer

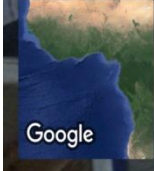
The NSS Unit of KSIT gave a brief introduction on how their unit works in and out and also how we help the society by serving the people as a NSS Volunteer. The NSS Programme officer Mr.Naveen V spoke about the Importance and Roles of NSS Volunteers in Serving the Nation and the meaning of the NSS and its logo. The NSS volunteers also explained how other events like Independence Day, Republic Day, Blood Donation Camp, Yoga Day, Cancer Awareness Program, and Special Camp (conducted every year in a village) and many other socially engaging events were organized inside the college and outside the college for the students. They concluded it by speaking about our NSS volunteers contribution and achievements to encourage the youth to join hands with this NSS unit.



Bengaluru, Karnataka, India
Atlantis Liberty Square, DHAMMANAGI SUMO LEAVES, Kanakapura Rd, Raghuvanahalli,
Bangalore City Municipal Corporation Layout, Bengaluru, Karnataka 560062, India
Lat 12.879137°
Long 77.544344°
13/09/23 10:51 AM GMT +05:30



Bengaluru, Karnataka, India
Atlantis Liberty Square, DHAMMANAGI SUMO LEAVES, Kanakapura Rd, Raghuvanahalli,
Bangalore City Municipal Corporation Layout, Bengaluru, Karnataka 560062, India
Lat 12.879115°
Long 77.544288°
13/09/23 11:04 AM GMT +05:30



Robertsonpet, Karnataka, India
W6WW+6J4, Band Line Colony Road, Band Line Colony, Nethaji Nagar,
Robertsonpet, Karnataka 563120, India
Lat 12.945203°
Long 78.246627°
13/09/23 10:40 AM GMT +05:30



PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

INTERNATIONAL DAY OF DEMOCRACY

DATE: 15\09\2023

Venue: Conference Hall, KSIT.

Organized By: NSS Unit of KSIT.

Timings: 10:00AM – 12:00PM

Participants: Principle, All the department heads, NSS Volunteers and 1st year students.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To spread awareness on the importance of democracy.
- To commemorate the day, youth are encouraged to participate in various exchange programs.
- To provide an opportunity to review the state of democracy in the world.
- For the protection and effective realization of human rights.

HISTORY OF INTERNATIONAL DAY OF DEMOCRACY:

The International Day of Democracy was instituted following a resolution adopted by the United Nations General Assembly in 2007. This resolution aimed to encourage governments worldwide to reinforce and solidify democratic systems. The day serves as a platform for people to engage in democratic processes and calls upon governments to uphold the rights of their citizens.

SCOPE OF THE PROGRAM

This day serves as an opportunity for people worldwide to gain knowledge about and critically evaluate the state of democracy on a global scale.

HIGHLIGHTS OF THE EVENT

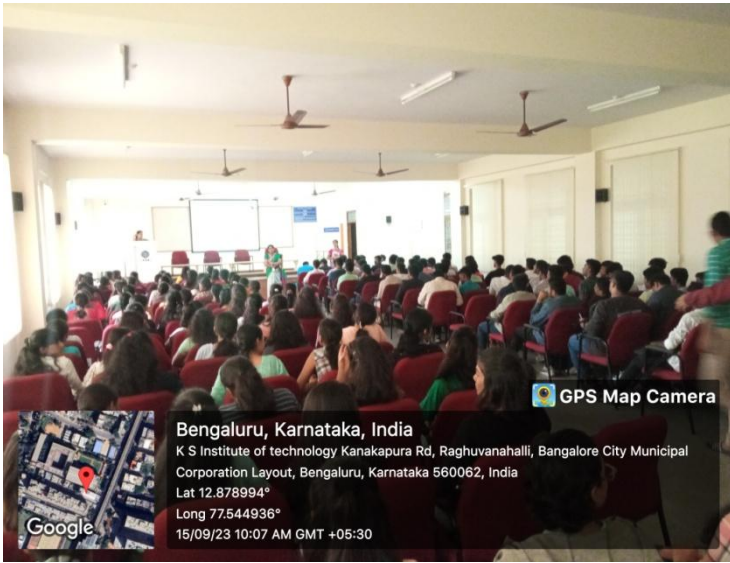
NSS wing of KSIT under the umbrella of National Service Scheme (NSS) organized an event on “INTERNATIONAL DAY OF DEMOCRACY” on 15th of September 2023 at KSIT, Bangalore. The Program was inaugurated by welcoming all the dignitaries, Principal, HOD’s of all department, Students and NSS volunteers.

The International Day of Democracy is observed every year on September 15, with the purpose of promoting and upholding the principles of democracy. It emphasizes the fundamental values of freedom, human rights, respect, and the regular conduct of authentic elections by universal suffrage as vital components of democracy.

The ceremony commenced with students and faculty coming together to read the Preamble of the Indian Constitution, emphasizing its significance and the values it encapsulates. This act served to remind everyone of the fundamental principles upon which the Indian democracy is built. Mrs. Anuradha M V, Assistant Professor, KSIT, read out the Preamble, encouraging everyone present to join in with their vocals. The aim was to instill a sense of respect for the Constitution and to motivate everyone to adhere to its principles in their actions and conduct.

The event provided a platform for meaningful discussions and reflections on the importance of democracy, human rights, and civic responsibilities. It reinforced the idea that democracy is a collective effort and that each individual has a role to play in upholding its values for the greater good of society.





PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

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NSS PROGRAMME						2	3		3			3

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Helping Government Schools to Achieve Good Results

Date of Conduction of Program: 18-11-2023

Organized by: NSS unit of KSIT

Duration: 8 weeks

Participants: NSS Students of 5 th sem

INTRODUCTION:

NSS Unit of NSS-KSIT organized an activity “ Helping government schools to achieve good results”in collaboration with Youth for Seva. They have conduct 2 day sessions on the topics which are all need to teach for the students of govt.schools



Fig: YFS members teaching session

- Topics they have taught:
- 1) Sound
 - 2) Light
 - 3) Chemistry
 - 4) Pressure

Experiments on each topic:

1) Sound:

- Listen through a meter scale
- Roaring cup
- Wave model
- String telephone
- Simple mouth organ

2) Light:

- Bunch of ice breakers
- Broken pencil
- Multiple images
- Laser in water
- Kaleidoscope

3) Chemistry:

- Chromatography
- Invisible letters
- Identify acids and bases with the help of chemical indicator
- Identify acids and bases with the help of litmus paper
- Neutralization reaction

4) Pressure:

- Let children explore air
- Paper stays dry in water
- Air resist at surface
- Blow balloon inside a bottle
- Why is the base of the dam broader?
- Water does not fall

List of school names:

- GMPS Jaragnahalli
- Sujatha high school
- Bharath mata high school
- Chandra nagar school
- GHS vanivisal school
- GHPS Sunkenahalli
- Womes peace league school
- GHPS bapujinagara
- GHPS karithimmanahalli
- GHPS kothnuru
- GHS doddakallasandra
- Anjanapura school
- GHPS avalahalli
- GHPS gottige
- Jambusavari dinne school

Students allotment list:

1	School Name	Class	Branch	Strength	No. of Students	Names of Volunteers Assigned
2	GMPS Jaragnahalli	7th	AIML	25	3	Mrudula SR, NABIHA SHARIFF, Shivani Uppin
3	GMPS Jaragnahalli	8th	AIML	26	4	Varnika VN, Chaitra. S, Likitha K, Jayashree PR
4	GHS Sunkenahalli	8th	AIML	24	4	Kavya.S, Apeksha IM, Arvind N, Rishi s
5	GHS Sunkenahalli	9th	AIML	65	7	Chethan S, Hari krishna G, Modupalli Meghana, K J ARUN, Sahana S, Rachana P R, Sahu Durgamadhab saratkumar
6	GHPS Sunkenahalli	9th	AIML	65	7	G Vinay Kumar, Avinash p, CHETHAN N, Lokaranjan BS, Sanjay K U, Vinith P, Anushree R

7	GHPS Kothnuru	8th	AIML	38	5	Ananya B Gowda, K jahnavi, Punya Shree TS, Prajwal D, Nithin Hareesh Gowda sh
8	Sujatha High School	7th	ECE-A	14	3	Abhijith R, Gurushankara M, Harini I
9	Sujatha High School	8th	ECE-A	24	3	Archana M, Akshay.m.s, Komala N
10	Sujatha High School	9th	ECE-A	29	4	NAYANA S, Misba. M, Anagha Prakash Narahari N Joshi
11	Sujatha High School	10th	ECE-A	26	4	Aadhya B N, Meghana.N, Archana.G.M, Ashcharya.N.B

12	Bharath Matha High School	8th	ECE-A	45	5	
13	Bharath Matha High School	9th	ECE-A	45	4	
14	Chandranagara School	7th	ECE-A	22	3	Kusuma M S , Karan S , Gagana Sindhu N,
15	Chandranagara School	8th	ECE-A	26	5	Manoj T V, Deeksha, Bhavya K , Monisha D, Omkar N B
16	GHS Vanivisal	8th	CSE-A	23	3	Asha H P, Chaitra.M, Charishma M
17						
18						
20						A.Ramya sree, Arbeena Farheen, HARSHITHA S, Adithi S Reddy, JAHNAVI P,

21	GHPS Bapujinagara	7th	CSD	23	3	Praveen Kumar, Purushotham.v.mitti, Thaanuja
22	GHPS Bapujinagara	8th	CSE-A	14	3	D L Shivang, Ashlesh Vishwakarma, Arpitha.G.R
23	GHPS Karithimmanahalli	7th	CSD	36	5	Neha MR, Savya shree s, Shalini.B, Shivani Adhikari, Ashwini
24	GHPS Karithimmanahalli	8th	CSE-A	46	6	Dhanalakshmi p, Archana P, Harshitha R, Ibbani V Gowda, Guruprasad ys, L JAVANYA

25	Anjanapura School	7th	CSD	61	6	Sanjana.v, Challa Deepika, Vidheesha TM, Varshitha.S, Kusum Pakira, K S NANDISH
26	Anjanapura School	7th	CSD	28	3	Divya T, Sathya Sai Sri B S, Keerthana. S. D
27	Anjanapura School	8th	CSD	65	6	Varshitha Sridhar, Pavithraa G, MAYURGANAPATI S BADGERI Arun. A, Chandrasekar A, Sushil waghmare
28	Anjanapura School	8th	CSD	25	2	Deepthi G B, Shruthi M

29	GHPS Gottigere	7th	CSE-A	67	7	Gaana S, Harshitha P, Abhilasha V, Aishwarya G, GOPALA KRISHNA V, Kunapalli Laasya sree
30	GHPS Gottigere	8th	CSE-A	68	7	Hemanth kumar V, Kiran B S, Kavya B Singh, Maya, Bhavana B, Akshay Vivekananda B, Ananya Prasad S
31						Logeshwaran S, Adithi R, KEERTHIKA S, Soundarya Ks, ShivaKumar R, Kavana N,

32	GHPS Avalahalli	7th	CSE-B	48	6	Aruna G N, Priyanka V, Noor Zahida, VANISHREE, Varsha.H.R, Lakshmeesh M V
33	GHPS Avalahalli	7th	CSE-B	51	5	Poojitha MV, Sheethal G, Sushmitha M, Rakshitha D H, R Aishwarya
34	GHPS Avalahalli	8th	CSE-B	41	5	Sumedha R, Vedashree s, Pooja.G, Rakshita G Sataraddi, Spandana.M

35	GHPS Avalahalli	8th	CSE-B	51	5	Sheethal R, SKANDA KUMAR H S, Soujanya N, SINDHU MEGHA, Laya.R
36	Women's peace league school	7th	ECE-B	65	6	RITESH KUMAR SINHA, Thejas hv, Tharun KV, VIJAY YADAV R, VYSHAK G R, Sudeep p
37	Women's peace league school	8th	ECE-B	63	6	Sagar.G.S, RAYADURG JOISH SHRIYA, Vidya, Punith M, SANJAY N, Apoorva B

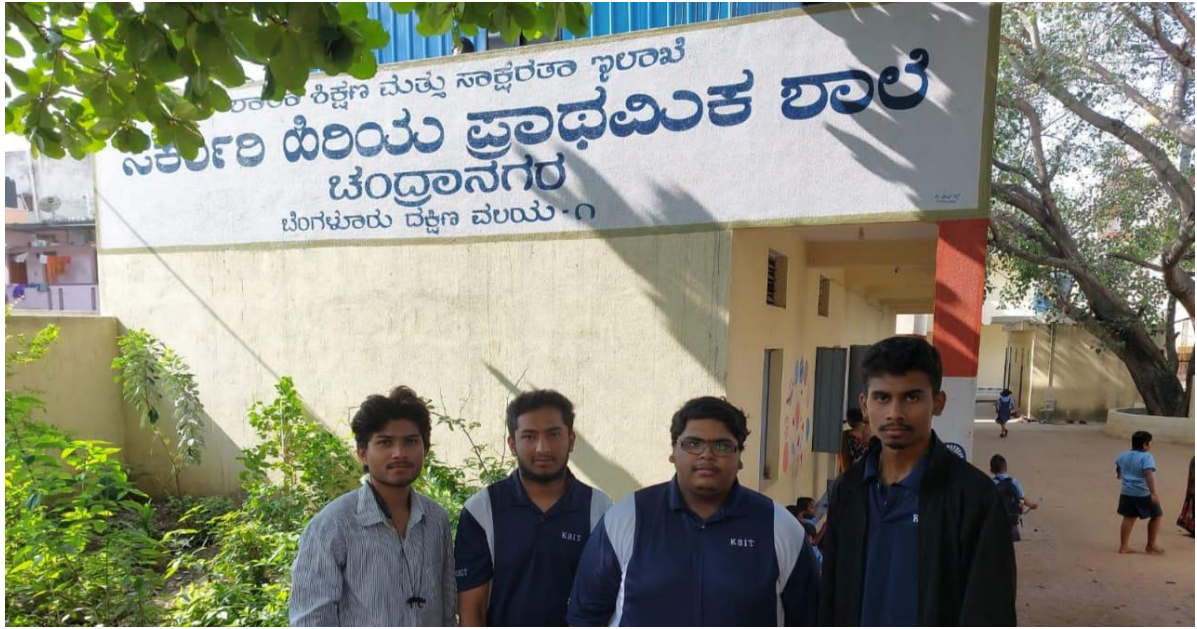
38	Women's peace league school	9th	ECE-B	55	6	Shrujana G, Shashank C U, Suneetha, Rakshitha M R, Tejashree N, Vaishnavi B A
39	GHS Doddakallasandra	7th	ECE-B	47	5	Adithya D, Preksha S, Varsha Jayakumar, Srilakshmi G, Spoorthy M U
40	GHS Doddakallasandra	8th	ECE-B	53	6	Supreeth A, Shwetha V, RAKSHITH S, Daggupati Charitha, Sushen Krishnapur

41	GHS Doddakallasandra	9th	ECE-B	56	6	Shaik arfath, Rehaman shariff, Tarun m, Sanjay g, Pavan Gowda HP, Sindhu M Nimbai
42	Jambusavari Dinne	7th	Mech	29	2	Srinidhi, Harish
43	Jambusavari Dinne	8th	Mech	34	2	Dhanush, Deepak

Pictures related to teaching sessions by NSS students in their allotted schools:













GPS Map Camera



Bengaluru, Karnataka, India
VHG6+CH7, Ayyappa Nagar, Konanakunte, Bengaluru, Karnataka 560062, India
Lat 12.875896°
Long 77.561303°
18/12/23 01:57 PM GMT +05:30



GPS Map Camera



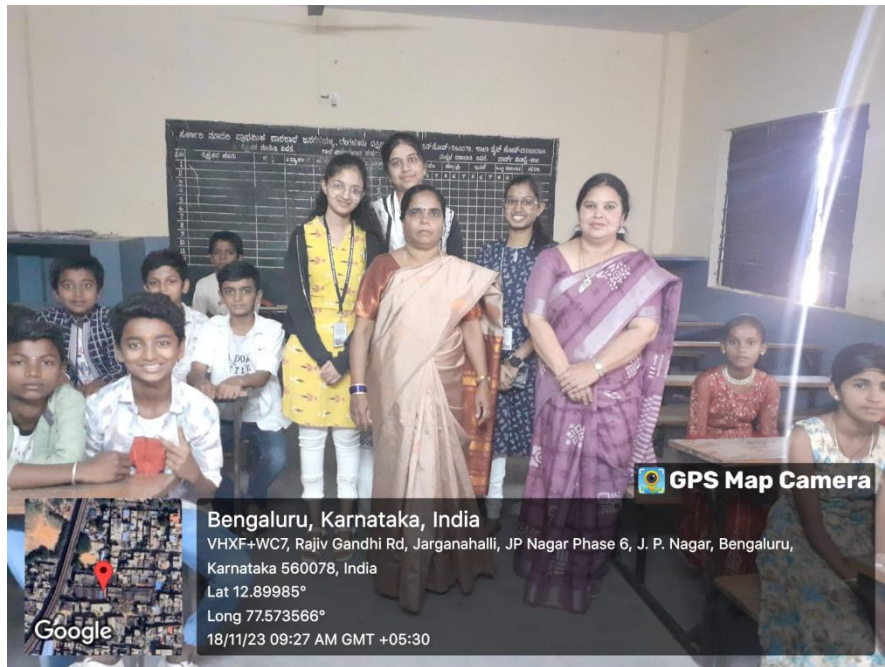
Bengaluru, Karnataka, India
36/1, Anjanapura Main Rd, Avalahalli, JP Nagar 9th Phase, J. P. Nagar,
Bengaluru, Karnataka 560062, India
Lat 12.869385°
Long 77.56572°
16/12/23 09:21 AM GMT +05:30



Teaching sessions:









WOMEN'S PEACE LEAGUE HIGH SCHOOL
NO.36 SHANKARAMUTT ROAD BASAVANGUDI BANGLORE-04

26th December 2023

To,
The NSS Volunteers,
K.S. Intitute of Technology,
#14, Raghuvanahalli, Kanakapura road,
Banglore-560019

Subject: Appreciation for Your Valuable Contribution

Dear Students,

Prajwal D – 1KS21EC062, Vyshak – 1KS21EC120, Thejas H V -1KS21EC107, Tharun K V – 1KS21EC106, Yashwanth M-1KS21EC121, Sanjay N – 1KS21EC086, Shashank C U-1KS21EC090, Tejashree N-1ks21EC105, Shwetha V -1KS21EC092, Vidya I-1KS21EC115, Sagar G S–1KS21EC081, Prajwal G V-1KS21EC063, Varsha Jayakumar – 1KS21EC111, Vijay Yadav-1KS21EC118, Punith M- 1KS21EC070, Suneetha- 1KS21EC099, Rakshitha M R – 1KS1EC073, Sudeep -1KS22EC411, Ritesh kumar - 1KS21EC076

On behalf od Women's Peace League High School, basavanagudi , I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the Youth for Seva.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

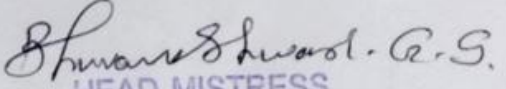
Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in intractive learning sessions is truly commendable.

It Is hearting to see young individuals like yourselves taking the initiative to give back to the community , inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your future endeavours.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students. Warm regards,

Women's Peace League High School, basavanagudi


HEAD MISTRESS
Women's Peace League High School
No. 36, Shankar Mutt Road
Basavanagudi, Bangalore-560 004

GHPS

Gottigere, Bengaluru

26th December 2023

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: **Appreciation for Your Valuable Contribution**

Dear Students,

ASHA H P-1KS21CS016, HARSHITHA K M- 1KS21CS033, KAVANA N- 1KS21CS048, KIRAN B S- 1KS22CS405, LOGESHWARAN S- 1KS22CS408, SHIVA KUMAR R- 1KS22CS413 and SOUNDARYA K S- 1KS22CS414

On behalf of GHPS Gottigere, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October 26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in interactive learning sessions is truly commendable.

It is heartening to see young individuals like yourselves taking the initiative to give back to the community, inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your time, energy, and expertise.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students.

Warm regards,

GHPS Gottigere

S. G. Rajalakshmi

26/12/2023

Principal, K. S. Institute of Technology

#14, Raghuvanahalli, Kanakapura road,

Bengaluru - 560109

Handwritten notes in the bottom left corner, including a circled '100' and other illegible scribbles.

ಉಪಪ್ರಾಂಶುಪಾಲರ ಕಾರ್ಯಾಲಯ, ಸರ್ಕಾರಿ ಬಾಲಕಿಯರ ಪದವಿಪೂರ್ವ ಕಾಲೇಜು,
(ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗ) ಹಳೇ ವಾಣಿವಿಲಾಸ ವಿದ್ಯಾಸಂಸ್ಥೆ, ಕೋಟೆ, ಬೆಂಗಳೂರು-560002
Email: vanivilasafort@gmail.com ದೂರವಾಣಿ ಸಂಖ್ಯೆ: 080-26706068

Ref: Bangalore
From,
Head Mistress
GHS Vanivilas School
Fort, Bangalore - 560002

DATE: 30-01-2024

To,
K.S. Institute of Technology
14, Raghuvannahalli, Kanakapura Road,
Bangalore - 560109

Respected Sir/Madam,

Subject: Appreciating your NSS Activity

Students of your institution bearing the USN - A. Ramyasree [IKS21CS001], Adithi.S.Reddy [IKS21CS007], Dhruvithi.Umesh.S [IKS21CS027], Harshitha.S [IKS21CS036], Jahnvi [IKS21CS042], Arabeena Farheen [IKS22CS401] conducted classes for 9th std students of our school during the month of December-2023. The main topics covered were light, pressure, Chemistry and sound. The session was organized by Youth For Seva (Beereshwara Nagar, Konankunte, Bangalore - 560062). The students found these sessions very knowledgeable and helpful. We appreciate their efforts and contributions.

Thank You

Your's Faithfully


30/01/2024

ಉಪ ಪ್ರಾಂಶುಪಾಲರು
ಬಾಲಕಿಯರ ಸರ್ಕಾರಿ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜು
ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗ
ಹಳೇ ವಾಣಿ ವಿಲಾಸ ವಿದ್ಯಾಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು.
ಬೆಂಗಳೂರು - 560 002.

ಉಪಪ್ರಾಂಶುಪಾಲರ ಕಾರ್ಯಾಲಯ, ಸರ್ಕಾರಿ ಬಾಲಕಿಯರ ಪದವಿಪೂರ್ವ ಶಾಲೆ, (ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗ) ಹಳೇ ವಾಣಿವಿಲಾಸ ವಿದ್ಯಾಸಂಸ್ಥೆ, ಕೋಟೆ, ಬೆಂಗಳೂರು-560002
Email: vanivilasafort@gmail.com ದೂರವಾಣಿ ಸಂಖ್ಯೆ: 080-26706068

Ref: Bangalore

Date: 30-01-2024

From,

Head mistress

GHS Vanivilas School

Fort, Bangalore - 560002

To,

K.S. Institute of Technology

14, Raghuvanahalli, Kanakapura Rd,
Bangalore - 560109

Respected Sir/Madam,

Sub: Appreciating your NSS activity

Students of your institution bearing the USN -
Adithi R [IKS21CS006], Chaitra M [IKS21CS021], Charishma M [IKS21CS023],
Deepthi A.B [IKS21CS026], Keerthika S [IKS21CS050] conducted classes
for 8th std students of our school during the month of
December - 2023. The main topics covered were light, pressure,
chemistry and sound. The sessions were organized by
'Youth for Seva' (Beereshwara Nagar, Konankunte, Bangalore - 560062).
Our students found these sessions very knowledgeable and
helpful. We appreciate their efforts and contribution.

Thank You,

Yours faithfully,



30/01/2024
ಉಪ ಪ್ರಾಂಶುಪಾಲರು
ಬಾಲಕಿಯರ ಸರ್ಕಾರಿ ಪ್ರೌಢ ಶಾಲೆ
ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗ
ಹಳೇ ವಾಣಿವಿಲಾಸ ವಿದ್ಯಾಸಂಸ್ಥೆ, ಕೋಟೆ,
ಬೆಂಗಳೂರು - 560002.

GOVERNMENT OF KARNATAKA



Department of School Education & Literacy

GOVERNMENT MODEL HIGHER PRIMARY SCHOOL, KARITHIMMANAHALLI,
Kasturibhanagar, Mysore Road, Bangalore - 560 026.

Email : kthalligmps@gmail.com

Mob : 9480740392

Ref: Bangalore

Date: 26-12-2023

From,
Head Mistress
GMPs, Karithimmanahalli
Bangalore South 2, Bangalore

To,
K. S. Institute of Technology
#14, Rajuravanahalli, Kanakapura Road
Bangalore - 560109

Respected Sir / Madam,

Sub: Appreciating your NSS activity.

Your Institution students Team

Gum Prasad U.S [IKS21CS032], Hanu R [IKS21CS035],
Arithana P [IKS21CS019], Lilavanya [IKS21CS053], Ibhani V Gowda
[IKS21CS040], Dhavalakshmi P [IKS22CS404], conducted classes to
our school 8th standard students in November & December month.
Main topics were light, pressure, chemistry and sound organized
by Youth for Seva <http://www.youthforseva.org/contact> + 91
7259958595 These classes were good and our students enriched
their knowledge & appreciate your students talent and this
NSS activity. Thank you for this opportunity to our children.

Yours faithfully

R. Geethabala

ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಶಾಲಾ ಶಿಕ್ಷಣ ಮತ್ತು ಅಕ್ಷರತೆ ವಿಭಾಗ
ಕೆ.ಎಸ್.ಇ.ಎಂ. ಹೈಯರ್ ಪ್ರಿಮರಿ ಶಾಲೆ, ಕಾರಿತಿಮನಾಹಳ್ಳಿ
ಕಾಸ್ಟುರಿಬನಗಾರ್, ಮೈಸೂರು ರಸ್ತೆ - 560 026

GHPS

Kothanur Dinne, Bengaluru

31th January 2023

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: **Appreciation for Your Valuable Contribution**

Dear Students,

Harish – 1KS21ME004, **Dhanush R** – 1KS21ME002, **Deepak K** – 1KS22ME400, **Srinidhi.S.B** - 1KS22ME403

On behalf of GHPS **Kothanur Dinne**, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from December 6th, 2023 to December 30th, 2023 have left an indelible mark on their educational journey.

Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in interactive learning sessions is truly commendable.

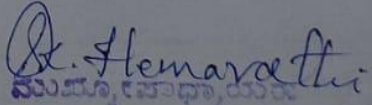
It is heartening to see young individuals like yourselves taking the initiative to give back to the community, inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your time, energy, and expertise.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students.

Warm regards,

GHPS Kothanur Dinne


ಮುಖ್ಯಾಧ್ಯಾಪಕರು
ಸರ್ಕಾರಿ ಹಿರಿಯ ವಾಣಿಜ್ಯ ಶಾಲೆ
ಕಾನಕಪುರ ರೋಡ್, ಕೆ.ಎಸ್.ಇ.ಟಿ. ಕೆ.ಎಸ್.ಐ.ಟಿ. 560109

ಸರ್ಕಾರಿ ಮಾದರಿ ಪ್ರಾಥಮಿಕ ಶಾಲೆ, ಅಂಜನಾಪುರ, ಗೊಟ್ಟಿಗೆರೆಕಟ್ಟೆ, ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ವಲಯ-3

ಶಾಲಾ ಡೈಸ್ ಸಂಕೇತ 29200900201

27th February 2024

The NSS Volunteers,

K. S. Institute of Technology.

#14, Raghuvanahalli, Kanakapura road,

Bengaluru - 560109

Subject: Appreciation for Your Valuable Contribution

Dear Students,

Pavithra G - 1KS21CG030, **Sanjana V** - 1KS21CG036, **Divya T** - 1KS21CG016, **Varshitha Sridhar** - 1KS21CG055, **Challa Deepika** - 1KS21CG011, **Vidheesha TM** - 1KS21CG056, **Varshitha S** - 1KS21CG054, **Kusum Pakira** - 1KS21CG026, **K S Nandish** - 1KS22CG403, **Sathya Sai Sri B S** - 1KS21CG038, **Keerthana S D** - 1KS21CG024, **Mayur Ganapati S Badgeri** - 1KS22CG402, **Arun A** - 1KS22CG400, **Chandrasekar A** - 1KS22CG401, **Sushil Waghmare** - 1KS22CG408, **Deepthi G B** - 1KS21CG014, **Shruthi M** - 1KS22CG407

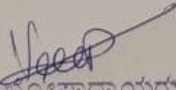
On behalf of **Anjanapura school**, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**. Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with one class per week from November 18th, 2023 to December 27th, 2023 have left an indelible mark on their educational journey.

Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in interactive learning sessions is truly commendable.

It is heartening to see young individuals like yourselves taking the initiative to give back to the community, inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your time, energy, and expertise.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours. Thank you once again for your valuable contribution and for being an inspiration to our students.

Warm regards,



ಮುಖ್ಯೋಪಾಧ್ಯಾಯರು
ಸರ್ಕಾರಿ ಮಾದರಿ ಪ್ರಾಥಮಿಕ ಶಾಲೆ
ಅಂಜನಾಪುರ, ಬೆಂಗಳೂರು ದಕ್ಷಿಣವಲಯ-3
ಬೆಂಗಳೂರು-560 108

ಸರ್ಕಾರಿ ಪ್ರೌಢಶಾಲೆ, ದೊಡ್ಡಕಲ್ಲಸಂದ್ರ (RMSA)

ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ವಲಯ-1, ಎಂ.ಕೆ.ಎಸ್. ಬಡಾವಣೆ, ಬೆಂಗಳೂರು-560062

ಶಾಲೆಯ ಡೈಸ್ ಕೋಡ್ : 29200108425

ಸಂಖ್ಯೆ :

ದಿನಾಂಕ : 19/2/24

GHS

DODDHAKALLASANDRA, Bengaluru

19th February 2024

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: Appreciation for Your Valuable Contribution

Dear Students,

Rakshith S -IKS21EC072, Supreeth A-IKS21EC101, Sushen Krishnapur-1KS21EC103,

*Sanjay g-1KS21EC085,Preksha-1KS21EC069, Srilakshmi G-1KS21EC096,Sindhu M.Nimbal-1KS21EC093,
Spoorthy MU-1KS21EC095, Vaishnavi BA-1KS21EC110, Pratham Shanbhag-1KS21EC066,*

Shaik Arfath -1KS21EC089,Tarun M-1KS21EC104,Shriya-1KS21EC074, Preetham M-1KS21EC068,

Shrujana G -1KS22EC404,Adithya D- 1KS22EC400,Apoorva B -1KS22EC401

PawanGowda HP-1KS22EC406

On behalf of GHPS DODDHAKALLASANDRA I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October 26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in interactive learning sessions is truly commendable.

It is heartening to see young individuals like yourselves taking the initiative to give back to the community, inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your time, energy, and expertise.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students.

Warm regards,

GLIDE DODDHAKALLASANDRA

R. Suresh Babu
ಸರ್ಕಾರಿ ಪ್ರೌಢಶಾಲೆ, ದೊಡ್ಡಕಲ್ಲಸಂದ್ರ
(RMSA) ದಕ್ಷಿಣ ವಲಯ-1, ಬೆಂಗಳೂರು-62

GHPS

Gottigere, Bengaluru

26th December 2023

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: **Appreciation for Your Valuable Contribution**

Dear Students,

AKSHAY VIVEKANANDA B-1KS21CS011, ANANYA PRASAD- 1KS21CS012, BHAVANA B-1KS21CS020, GAANA S- 1KS21CS029, KAVYA B SINGH- 1KS21CS049 and MAYA BAKKA-1KS21CS060

On behalf of GHPS Gottigere, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October 26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

Your efforts have not only enhanced their knowledge but also ignited a passion for learning that goes beyond the traditional curriculum. The way you simplified complex concepts and engaged our students in interactive learning sessions is truly commendable.

It is heartening to see young individuals like yourselves taking the initiative to give back to the community, inspiring a culture of service and empathy. Your contribution has been a great example of how collective efforts can make a significant impact in the realm of education. We are grateful for your time, energy, and expertise.

We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students.

Warm regards,

GHPS Gottigere

S. J. Rajalakshmi

26/12/2023

C. Anusuya

HM

GHPs Avalahalli

Bengaluru

Date :- 12 January 2024

Dr. Dilip Kumar

KSIT

Bengaluru

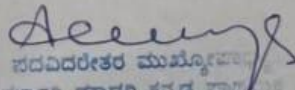
Subject :- Appreciation for NSS students for contribution to Chota Scientist contest. for a period of 5-6 weeks.

Respected Sir,

I trust this letter finds you well. I am writing to express my sincere appreciation for outstanding work of NSS students from KSIT who dedicated their time, efforts to conduct classes at GHPs Avalahalli.

The commitment and enthusiasm displayed by students identified as Skanda Kumar HS, Sheethal G, Sindhu Megha, Soujanya N Laya, Pooja G, Sheethal R, Priyanka V, Noor Zahida, Sumedha R, Varsha Aruna GN, Lakshmesh MV, Rakshitha G.S, Rakshitha D.H, Vanishree, Sushmitha M, Vedashree, Spandana, Poojitha MV, Aishwarya of 5th Semester from KSIT have profound impact on our students. I extend my gratitude to each NSS student.

Best Regards.

 12/1/24
ಪದವಿದರೇತರ ಮುಖ್ಯಾಧಿಕಾರಿ
ಸರ್ಕಾರಿ ಮಾದರಿ ಕನ್ನಡ ಪ್ರಾಥಮಿಕ
ಆಲಪ್ಪಳಿ, ಬೆಂ.ದ.ವ-3, ಅಂಜನಾಪುರ
ಬೆಂಗಳೂರು - 560108

GOVERNMENT OF KARNATAKA

Department of School Education & Literacy
GOVERNMENT MODEL HIGHER PRIMARY SCHOOL, KARITHIMMANAHALLI,
Kasturibhanagar, Mysore Road, Bangalore - 560 026.

Email : kthalligmps@gmail.com

Mob : 9480740392

Ref: Bangalore.

Date : 26-12-2023

From,
Head Master
Gmps, Karithimmanahalli
Bangalore South 2, Bangalore

To,
K.S. Institute of Technology
#14, Ragunavahalli, Kanakapura Road
Bangalore - 560109

Respected Sir / Madam,

Sub :- Appreciating your NSS Activity.

Your Institution students Team 2

Ashwini [IKS21CS017], Neha MR [IKS21C9029],

Sanya Shree S [IKS21C9039], Shalini B [IKS21C9040]

Shivani Adhikari [IKS21C9042]. conducted classes to

our school 7th standard students in November & December month

main topics were light, pressure, chemistry, sound organised

by youth for seva <http://www.youthforseva.org> | contact

@ +919259958595 these classes were good and our students

enriched their knowledge & appreciate your students talent

and this NSS Activity. Thank you for this opportunity to

our children.

Yours faithfully

A. Geethabala

ವರದಿ, ಶಿಕ್ಷಕರು

ಸರ್ಕಾರಿ ಮಾದರಿ ಪ್ರಾಥಮಿಕ ಶಾಲೆ

ಈ ಮನರೇ ಇಲ್ಲವಾಗಿ

ಮೈಸೂರು ರಸ್ತೆ, ಬೆಂಗಳೂರು - 560 026

WOMEN'S PEACE LEAGUE HIGH SCHOOL
NO.36 SHANKARAMUTT ROAD BASAVANGUDI BANGLORE-04

26th December 2023

To,
The NSS Volunteers,
K.S. Institute of Technology,
#14, Raghuvanahalli, Kanakapura road,
Banglore-560019

Subject: Appreciation for Your Valuable Contribution

Dear Students,

Prajwal D – 1KS21EC062, Vyshak – 1KS21EC120, Thejas H V -1KS21EC107, Tharun K V – 1KS21EC106, Yashwanth M-1KS21EC121, Sanjay N – 1KS21EC086, Shashank C U-1KS21EC090, Tejashree N-1ks21EC105, Shwetha V -1KS21EC092, Vidya I-1KS21EC115, Sagar G S –1KS21EC081, Prajwal G V-1KS21EC063, Varsha Jayakumar – 1KS21EC111, Vijay Yadav-1KS21EC118, Punith M- 1KS21EC070, Suneetha- 1KS21EC099, Rakshitha M R – 1KS1EC073, Sudeep -1KS22EC411, Ritesh kumar - 1KS21EC076

On behalf of Women's Peace League High School, basavanagudi , I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the Youth for Seva.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October 26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

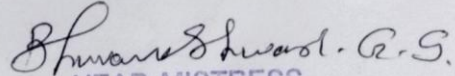
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We hope this two-month experience has been as rewarding for you as it has been for us and our students. We look forward to more such collaborations in the future and wish you all the very best in your future endeavours.

Thank you once again for your valuable contribution and for being an inspiration to our students. Warm regards,

Women's Peace League High School, basavanagudi


HEAD MISTRESS
Women's Peace League High School
No. 36, Shankar Mutt Road
Basavanagudi, Bangalore-560 004

GHPS

Gottigere, Bengaluru

26th December 2023

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: **Appreciation for Your Valuable Contribution**

Dear Students,

Abhilasha V- 1KS21CS003, Hemanth Kumar V- 1KS21CS038, Gopala Krishna V-1KS21CS031, Aishwarya G- 1KS21CS010, Nidhi R- 1KS21CS120, Harshitha P- 1KS21CS034 and Kunapalli Laasya Sree- 1KS21CS052

On behalf of GHPS Gottigere, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

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Warm regards,

GHPS Gottigere

S. G. Rajalakshmi

26/12/23

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ಸುಜಾತ ವಿದ್ಯಾ ಸಂಸ್ಥೆ SUJATHA VIDYA SAMSTHE

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ಉಲ್ಲಾಳ ಉಪನಗರ, ಬೆಂಗಳೂರು-560 110

Ref.:

Date: 09/02/2024

SUJATHA VIDYA SAMSTHE

Ullal Uppanagara, Bengaluru

9th January 2024

To

The NSS Volunteers,

K. S. Institute of Technology,

#14, Raghuvanahalli, Kanakapura road,

Bengaluru-560109

Subject: **Appreciation for Your Valuable Contribution**

Dear Students,

Abhijith R-1KS21EC002, Aadya B N- 1KS21EC001, Archana M-1KS21EC011, Archana GM- 1KS21EC010, Ashcharya NB-1KS21EC013, Misba M-1KS21EC047, Anagha Prakash-1KS21EC008, Akshay MS-1KS21EC007, Gurushankara M-1KS21EC031, Komala N-1KS21EC038, Narahari N Joshi-1KS21EC053, Meghana N-1KS21EC046, Nayana S-1KS21EC056 and Harini L-1KS21EC032

On behalf of **SUJATHA VIDYA SAMSTHE** Ullal Uppanagara, I extend our heartfelt gratitude and appreciation to all of you who participated in the educational initiative under **National Service Scheme (NSS)** and the **Youth for Seva**.

Your dedication and enthusiasm in delivering enriching science classes to our students over the past two months with two classes per week from October 26th, 2023 to December 26th, 2023 have left an indelible mark on their educational journey.

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Warm regards,

SUJATHA VIDYA SAMSTHE

Ullal Uppanagara

Beushni 09/
ಮುಖ್ಯ ಕಾರ್ಯದರ್ಶಿ

ಸುಜಾತ ಪ್ರೌಢ ಶಾಲೆ
(ಸರ್ಕಾರಿಕ ಹಾಗೂ ಸ್ವಯಂ ಸಹಾಯಕ)

Conclusion:

NSS unit of NSS-KSIT undertook a commendable initiative to assist government schools in achieving better academic outcomes. This initiative was not only executed with utmost dedication and joy by the students involved, but it also fostered a meaningful interaction between the volunteers and the students of these schools. The appreciation and gratitude expressed by the teachers of the government schools underscore the positive impact and significance of this project. The success of this initiative reaffirms our commitment to community service and sets a benchmark for future endeavors.

PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



NSS COORDINATOR

NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
Bengaluru - 560 109



PRINCIPAL

PRINCIPAL

K.S. INSTITUTE OF TECHNOLOGY
BENGALURU - 560 109.



K.S. INSTITUTE OF TECHNOLOGY

National Service Scheme

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

ZERO PLASTIC USAGE CAMPAIGN

Date of Conduction of Program: 19-02-2024

Venue: Banashankari Temple, Bangalore.

Organized by: NSS Unit

Duration: 9:00am to 2:00pm

Participants: NSS program officer and 40 NSS volunteers.

SCOPE OF THE PROGRAM

The Zero Plastic Usage Campaign at Banashankari temple aims to raise awareness, promote sustainable alternatives, and reduce plastic usage among visitors, vendors, and staff. Through targeted initiatives, it fosters a collective commitment to eco-conscious behaviors, contributing to a cleaner, more sustainable environment.

OBJECTIVE OF THE PROGRAM

The primary goal of the campaign is to raise awareness about the detrimental effects of plastic pollution and to promote sustainable alternatives within the temple premises. Specifically, the campaign aims to reduce the usage of single-use plastics and encourage the adoption of eco-friendly practices among temple visitors, vendors, and staff members.

HIGHLIGHTS OF THE PROGRAM

NSS volunteers from KS Institute of Technology organized a Zero Plastic Usage Campaign at Banashankari temple from 9:00 am to 2:00 pm. The event commenced with instructions provided by Shantha Tumala and Vasuki Iyengar regarding the tasks to be performed.

Volunteers actively engaged with temple visitors, educating them about the hazards of plastic pollution and offering alternative solutions. Those found with plastic bags or items were assisted in transitioning to more eco-friendly options, while raising awareness about the campaign's objectives.

Additionally, volunteers provided assistance to temple visitors and received further guidance from Shantha Tumala and Vasuki Iyengar on waste segregation, management, and the importance of recycling and reuse. Amidst these activities, NSS volunteers also served food to temple visitors, enhancing their experience while reinforcing the message of sustainable practices. This comprehensive effort aimed to instill sustainable practices and garner support for the cause.





PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO 11	PO 12
NSS PROGRAMME						2	3		3			3

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

EARTH DAY

DATE: 23\04\2024

VENUE: Conference Hall (New Building).

ORGANIZED BY: NSS Unit of KSIT in Association with Applied Science and Humanities and Institution's Innovation Council.

DURATION: 01:15pm – 04:00pm.

PARTICIPANTS: Principal, All Dept HOD's, NSS Program Officer, NSS Volunteers, 1st and 2nd year students.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To raise awareness about the importance of Earth's natural environment and its conservation.
- Encourage individuals and communities to take proactive steps such as tree planting, waste reduction, and sustainable practices.
- Earth Day promotes the conservation of biodiversity by raising awareness about the importance of preserving ecosystems and protecting endangered species.
- To raise the awareness about the environmental issues and promote convention efforts to protect our planet Earth.

HISTORY OF EARTH DAY

Earth Day, initiated in 1970 by Senator Gaylord Nelson, sparked widespread environmental awareness. Its first celebration on April 22, 1970, mobilized millions, leading to legislative milestones like the formation of the EPA and landmark environmental laws.

Since then, Earth Day has evolved into a global event, engaging over 190 countries yearly. Through themed campaigns, it continues to champion environmental action, inspiring a sustainable future.

SCOPE OF THE PROGRAM

To celebrate by planting new saplings and create awareness by making posters. Earth Day engages 190+ countries in addressing environmental challenges through themed campaigns, fostering advocacy, education, and collective action for sustainable living.

HIGHLIGHTS OF THE EVENT

The NSS wing of KSIT, Bangalore, organized a Poster Making Competition in celebration of Earth Day on April 23, 2024. The event commenced at 1:15 PM in the conference hall of the new building. Participants were welcomed and briefed about the significance of Earth Day, emphasizing the importance of environmental awareness and action.

The competition provided a platform for creativity and expression as participants engaged in crafting handmade posters that depicted environmental themes and messages. They were given time until 3:00 PM to complete their artworks. During this period, participants immersed themselves in the creative process, showcasing their talent and dedication.

At the conclusion of the event, participants had the opportunity to explain the concepts and messages behind their posters. Each artwork was evaluated based on creativity, originality, and the effectiveness of conveying environmental messages. Prizes were awarded to recognize and encourage the participants' efforts in promoting environmental awareness through art.







PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

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K S Institute of Technology
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National Service Scheme

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

VOTER AWARENESS CAMPAIGN

DATE: 24\04\2024

VENUE: Lecture Hall, OB-105.

ORGANIZED BY: NSS Unit of KSIT.

DURATION: 01:30pm – 3:00pm

PARTICIPANTS: 2nd year Students of Electronics and Communication Dept (A & B Section).

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- Providing accurate information about the electoral process, including voter registration requirements, polling locations, and voting procedures.
- Ensuring citizens are aware of their voting rights, including the right to vote without discrimination based on race, gender, religion, or other factors.
- Motivating eligible voters to participate in elections, thereby increasing overall voter turnout rates.
- Promoting the importance of making informed choices by providing information about candidates, their platforms, and the issues at stake.
- Reaching out to marginalized and underrepresented groups to ensure their voices are heard in the democratic process.

SCOPE OF THE PROGRAM

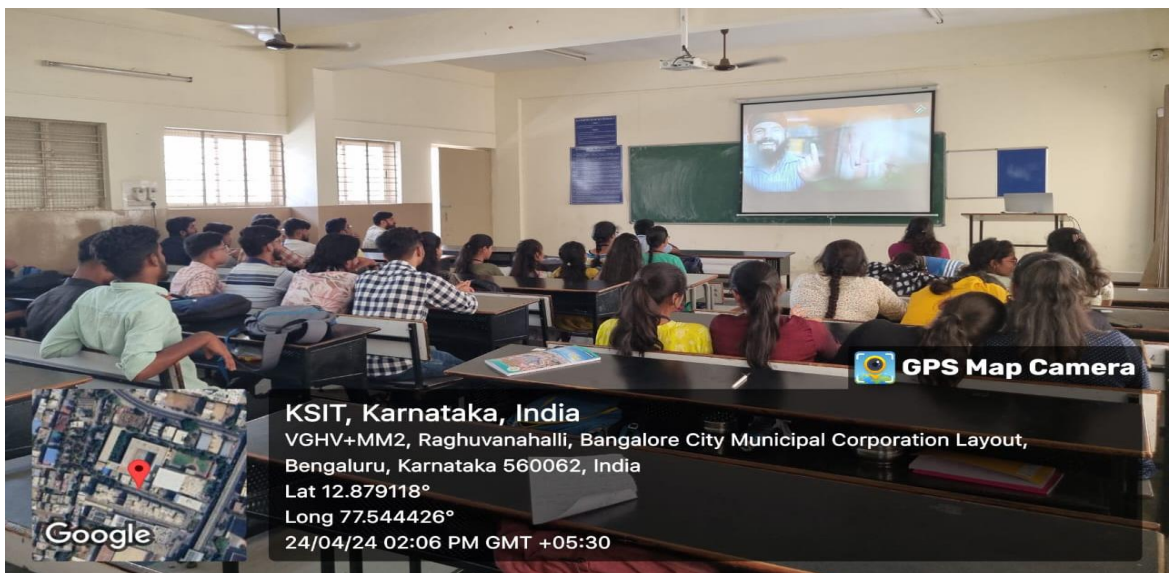
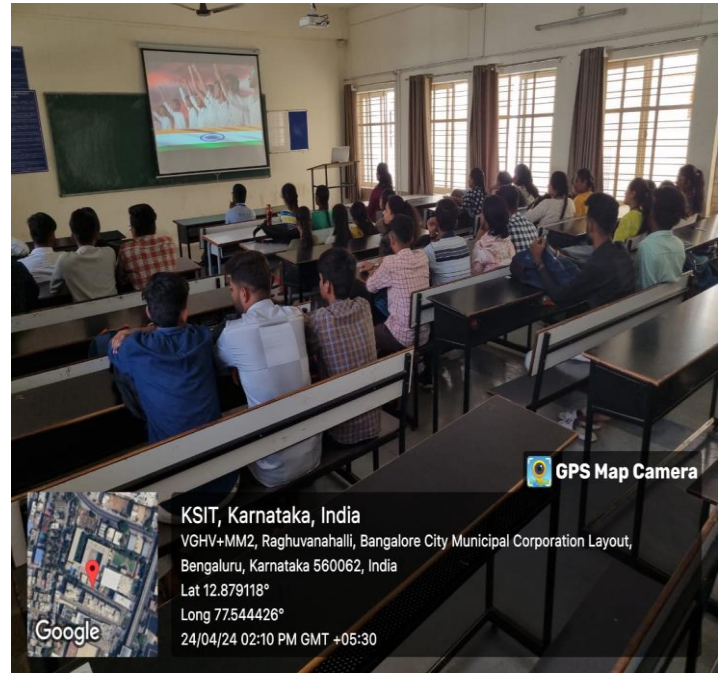
The scope of a voter awareness campaign extends to reaching all eligible voters across diverse demographics and geographic locations. It involves employing various communication strategies, including digital platforms, traditional media, community engagement, and educational initiatives. Ultimately, the campaign seeks to foster a culture of civic responsibility, increase voter turnout, and ensure the integrity and inclusivity of the electoral process.

HIGHLIGHTS OF THE EVENT

The NSS Unit of KSIT conducted a voter awareness campaign for second-year Electronics and Communication students (A and B sections). The event commenced with a concise introduction emphasizing the significance of exercising our voting rights. The NSS program officer provided insights into the electoral process and underscored the importance of utilizing our voting power effectively.

Following the introduction, attendees were engaged with short films illustrating the importance of voting, aiming to motivate them to actively participate in the electoral process. Subsequently, all participants took a voter's pledge, affirming their commitment to vote. Moreover, an online voter's pledge was facilitated, enabling participants to receive E-certificates as a token of their pledge.

The event concluded by highlighting key factors of the election process and reminding participants not to miss the opportunity to cast their votes. Through these activities, the voter awareness campaign aimed to instill a sense of civic responsibility and encourage informed decision-making among the student community.





GPS Map Camera

KSIT, Karnataka, India
VGHV+MM2, Raghuvanahalli, Bangalore City Municipal Corporation Layout,
Bengaluru, Karnataka 560062, India
Lat 12.879118°
Long 77.544426°
24/04/24 02:19 PM GMT +05:30



GPS Map Camera

KSIT, Karnataka, India
VGHV+MM2, Raghuvanahalli, Bangalore City Municipal Corporation Layout,
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Lat 12.879118°
Long 77.544426°
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PROGRAM OUTCOMES:

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NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
Bengaluru - 560 109



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National Service Scheme

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#14, Raghuvanahalli, Kanakapura Main Road, Bengaluru – 560 109



NSS SPECIAL CAMP

Date of Conduction of Program: 07-06-2024

Venue: Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109

Organized by: NSS unit of KSIT

Duration: 07-06-2024 to 14-06-2024

Participants: NSS Program Officer- Mr. Naveen V, Physical Education Director-Mr. Umesh, 58 NSS volunteers and team Mentors.

OBJECTIVES OF THE PROGRAM

- To engage volunteers in activities that contribute to the development and improvement of the village's infrastructure and living conditions.
- To educate villagers about health, hygiene, and sanitation practices to promote better living standards and prevent diseases.
- To initiate and participate in activities like tree planting, waste management, and water conservation to protect and preserve the village environment.
- To raise awareness about important social issues such as child labor, domestic violence, and substance abuse, and to encourage positive social change
- To foster a sense of cultural exchange and understanding between the volunteers and villagers, promoting unity and social cohesion.
- To develop leadership qualities and teamwork skills among volunteers through organizing and managing camp activities and projects.

HIGHLIGHTS OF THE PROGRAM

DAY 1 – 07-06-2024

All the NSS volunteers assembled at the K.S. Institute of Technology campus by 8:30 AM on 07/06/2024, and the bus departed promptly at 10:00 AM. We arrived at Ramanahalli, Bidadi Hobli, Ramanagara District, around 11:30 AM. The boys were accommodated at the Anganwadi near Government High School, Ramanahalli, while the girls were housed in a common hall above the milk dairy, generously provided by the Milk Producers Cooperative Society, Ramanahalli. Subsequently, we all actively participated in organizing and preparing for the inaugural function.

Afterward, we had our lunch and began meticulous preparations for the inaugural function of the camp, scheduled for the evening. The girls diligently crafted exquisite flower bouquets using natural flowers and leaves for the guests of the inaugural function. Meanwhile, the boys were industriously engaged in cleaning the schoolyard and meticulously setting up the stage. By 6:00 PM, the stage was beautifully set, and all preparations were thoroughly completed for the evening program, ensuring a seamless and memorable event.

The NSS Special Camp Sanchalana 2024 was formally inaugurated at 6:30 PM, graced by the distinguished presence of esteemed guests. These included Dr. Dilip Kumar K, Principal of K.S. Institute of Technology, Mr. K.V.A. Balaji, CEO of K.S. Institute of Technology, Sri D. Jagadish Kumar, Chairman of the Transport Committee, Sri T.N. Manjunath, Chairman of the Environment Committee, and Sri A.V. Nagaraj, Chairman of the Building Committee. We were also honored by the presence of Mr. Suresh S., President of the Ramanahalli Milk Producers Cooperative Society, Mr. Nagaraju, former President of Ramanahalli VSSN and the Milk Producers Cooperative Society, and Mr. Suresh, President of the Gram Panchayat.

The welcome ceremony for our distinguished guests was marked by vibrant and dynamic performances of Dollu Kunitha, Pattada Kunitha, Chili Pili Gombegalu, and Huli Kunitha, executed by our talented NSS volunteers. An impressive parade by the NSS volunteers further elevated the grandeur of the event. The inaugural ceremony commenced with a symbolic plant-watering ritual, embodying our commitment to environmental conservation. This was followed by the rendering of the State Anthem and the NSS song, which instilled a profound sense of pride and unity among the attendees. Subsequently, the distinguished guests launched the NSS Special Camp diary, officially marking the commencement of our camp activities.

In a gesture of support and encouragement for education, study kits were distributed to the students of Ramanahalli Village. These kits included drawing materials and color kits for Anganwadi students, as well as school bags, books, and stationery items for schoolchildren. Additionally, an experimental kit was distributed to the Ramanahalli Milk Producers Cooperative Society to enhance their operational efficiency.

The formal proceedings concluded with the National Anthem, evoking a deep sense of national pride and solemnity.

The cultural segment of the event showcased the extraordinary talents of our NSS volunteers. They performed traditional dances such as Kuchipudi, Bharatanatyam, and Pattada Kunitha, reflecting the rich cultural heritage of our country and captivating the audience with their artistry.

These were the key highlights of the inaugural function of our NSS Special Camp Sanchalana 2024, signifying the commencement of an impactful and rewarding journey for all participants. The distinguished attendees and ceremonial activities underscored the significance of our mission, while the cultural performances and community support initiatives laid a strong foundation for the camp's forthcoming endeavors. This auspicious beginning marked the start of a week filled with meaningful activities and profound learning opportunities.

The NSS (National Service Scheme) camp aims to foster community service and personal growth among students. This year, our camp included 75 volunteers, with 58 participants and several mentors. Participants were divided into five teams, each led by dedicated mentors.

Team SWAMI VIVEKANANDA

The mentors for Team SWAMI VIVEKANANDA were Suraksha N, Sumana N, and Yashwanth Y. The team members included Rakshith S, Skanda Kumar H S, Sathya Sai Sri B S, Vishwas, Sulagna Mondal, Gayatri Devi B, Sahana T, Arun L, Srujan Karanth N, Lohith Yadav R, M Uma, and Spoorthy A U.

Team KUVEMPU

The mentors for Team KUVEMPU were Rakshith N M, Rakshith, Meghashree M, Kandra Akash, and Chaya S. The team members included Sushen Krishnapur, Sanjay P, Sindhu M Nimbale, Varsha Jayakumar, Anush S, Varun R, Meghana, Madhu H, Panchami L, P R Prajwal Kumar, and Amulya V.

Team KRANTIVEERA SANGOLLI RAYANNA

The mentors for Team KRANTIVEERA SANGOLLI RAYANNA were Gurdeep R and Sonika R. The team members included Sanjana V, Prajwal G V, Abhijith R, Amulya M N, Monisha C, Archana S K, Girish B H, Sachin Babannavar, Aditya V, Vishnu Priya G S, Varun Kulkarni, and Sunita S Salotagi.

Team KITTURU RANI CHENNAMMA

The mentors for Team KITTURU RANI CHENNAMMA were Kumar K G, Vaishnavi A, Bhavana G, and Hritika S. The team members included Divya T, Sanjay G, Tharun K V, Soujanya N, Raghu H M, Prajwal P, Archana N, Kiran D, Pooja, P Likitha, and H P Rahul Krishna.

Team VISVESVARAYA

The mentors for Team VISVESVARAYA were Sumukha S, Pranitha R, and Rohith A K. The team members included Supreeth A, Pavitraa G, Sagar G S, Abhilasha V, Vikas K S, Monisha B N, Keerthana K, Shalini S, Bhoomika D, Shashank C, Aishwarya N, and Harshith H.

We had our dinner at 9:30 PM. Subsequently, captains and vice-captains were appointed for each team and tasks were allocated for the following day.

The captain and vice-captain of Swami Vivekananda team were Spoorthy A U and Srujan Karanth N, and this team was given the incharge of Flag Hoisting (Theme-Gho Rakshane). The captain and vice-captain of Kuvempu team were Varsha Jayakumar and Anush S, and this team was given the incharge of Cultural. The captain and vice-captain of Krantiveera Sangolli Rayanna team were Prajwal G V and Vishnu Priya G S, and this team was given the incharge of Stage (Theme-Halloween). The captain and vice-captain for Kittur Rani Chennamma were Divya T and Raghu H M, and this team was given the incharge of Cooking. The captain and vice-captain of Visveswaraya team were Sagar G S and Aishwarya N, and this team was given the incharge of Shramadhana. The tasks and responsibilities for each team for the next day are outlined above.

All the teams and their members engaged in thorough discussions about the tasks allotted to them, carefully planning their execution to ensure effectiveness. Each team strategized on how best to accomplish their responsibilities, fostering a collaborative and organized approach. Following these productive discussions, everyone proceeded to their assigned accommodations to rest for the night. We concluded our day by reflecting on our experiences and writing about the day's events in our diaries, capturing the memorable moments and valuable lessons learned.



Guests entering the Inaugural function



NSS Program officer welcomes the Principal to inaugural function





Group photo of NSS volunteers along with the Guests

DAY 2 – 08-06-2024

The second day of our NSS Camp Sanchalana 2024 commenced with a flag hoisting ceremony conducted by Team Swami Vivekananda. All volunteers rose early, waking up at 5:30 AM, and gathered near the flagpole at 7:00 AM. The theme of the flag hoisting ceremony was "Gho Rakshane" (Save Cow), emphasizing the importance of cow protection in our culture and environment.

Cow protection, known as "Gho Rakshane" in Sanskrit, holds significant cultural, economic, and ecological importance in India. In Indian culture, the cow is revered as a sacred animal, symbolizing non-violence and compassion. Economically, cows contribute immensely to the rural economy by providing milk, a crucial source of nutrition, and by-products such as dung and urine, which have multiple uses including as fertilizer and in traditional medicine. Ecologically, cows play a vital role in sustainable agriculture, with their manure serving as an excellent organic fertilizer that helps maintain soil health and supports eco-friendly farming practices. Promoting "Gho Rakshane" is not just about safeguarding an animal but is a holistic approach to nurturing our cultural heritage, supporting rural livelihoods, and fostering environmental sustainability.

And the Chief guests for flag hoisting for the day were Sri Appaji Gowda -Congress Leader Sri Suresh S-Former gram panchayat member, Mr. Naveen V (NSS Program officer) and Mr. Umesh (Physical Director). We all sang the NSS song and took a pledge. The Flag Committee reported on the previous day's activities and informed us about the programs scheduled for the present day. The Captain and Vice-Captain took charge of their assigned duties. Our Program Officer and Physical Director then led us on a morning walk to a nearby lake, where we enjoyed a pleasant morning and spectacular views. The serene surroundings and fresh air rejuvenated our minds and bodies. We returned to the campsite feeling refreshed and ready for the day's activities. After our morning walk, we returned to our camp and had breakfast, which the kitchen department had prepared well, providing us with good refreshments and a nutritious breakfast to start the day.

After breakfast, each team was assigned to clean the school yard and areas around the Anganwadi and Government High School in Ramanahalli, spreading awareness about cleanliness. As Mahatma Gandhi once said, "A small body of determined and courageous people can make a difference in cleaning up our surroundings". The volunteers undertook the task of cleaning the school yard, aiming to create a cleaner and healthier environment for the students. This initiative not only promotes hygiene but also instills a sense of responsibility and community service among the volunteers. The Shramadhana team distributed the cleaning tools, and we got to work, inspired by the power of collective action.

After successfully cleaning the assigned streets and the Government School of Ramanahalli, all teams and their mentors returned to camp for lunch. We had lunch at 1:30 p.m. and took a break, during which everyone began preparing for their cultural programs for the evening.

Then having break until 5:30, everyone was informed to assemble at government school for flag dehoisting. The chief guest for flag dehoisting was Venkata Chalaya -Farmer. After the flag dehoisting, the stage department took charge.

The stage decoration was done by Team Krantiveera Sangolli Rayanna with a Halloween theme, aiming to eradicate superstitions in the villagers by showcasing the fictional nature of horror characters and highlighting the importance of rational thinking. By using natural materials and creative team efforts, the stage was transformed into a spooky yet fascinating setting. Team Kuvempu, in charge of the cultural programs, executed their duties with utmost dedication, enthusiastically entertaining the villagers. At 7:30 pm, the cultural program commenced, drawing all the villagers to the stage to enjoy the performances.

We were honored by the presence of esteemed guests, including Sri Ram Chandrayya, former President of Ramanahalli Gram Panchayat; Sri Rajesh, Director of Ramanahalli Milk Producers' Co-operative Society and former member of the Gram Panchayat; Radha Shivram, Vice President of the Milk Producers' Co-operative Society; Sri Manjunath, Director of Ramanahalli Milk Producers' Co-operative Society; Sri Shivappa, Director of Ramanahalli Milk Producers' Co-operative Society; Sri Venkatachalayya, former President of Ramanahalli Milk Producers' Co-operative Society; Sri R S Mahesh, Ramanahalli JDS Mukhandaru; and Sri Naveen Patel, Ramanahalli Congress Mukhandaru. These distinguished guests graced the evening cultural program with their presence.

The cultural program featured a Halloween-themed stage, group dances, group songs, skits on mobile phone addiction and the importance of using the Kannada language, and performances by local school children and villagers. Additionally, badges were distributed to KSIT alumni.

The Cultural Committee expertly arranged the program, and the chief guests were honored with mementos as a token of respect and gratitude. After the program ended at 9:30 pm, we proceeded to dinner. Meanwhile, the Food Committee had served dinner with utmost care and attention to cleanliness, handling their department with great concern and professionalism.

After we finished eating, the team captain and vice-captain officially handed over their responsibilities to other members of the team.

The captain and vice-captain of Swami Vivekananda team were Skanda Kumar H S and M Uma, and this team was given the incharge of Culturals. The captain and vice-captain of Kuvempu team were Sushen Krishnapur and Meghana and this team was given the incharge of Shramadhana. The captain and vice-captain of Krantiveera Sangolli Rayanna team were Abhijith R and Sunita S Salotagi, and this team was given the incharge of Cooking (Theme-Jailor). The captain and vice-captain for Kittur Rani Chennamma were Sanjay G and Pooja P and this team was given the incharge of Stage (Theme-Kannada). The captain and vice-captain of Visveswaraya team were Keerthana K and Harshith H, and this team was given the incharge of Flag Hoisting (Theme- Blood donation & Farmers). The tasks and responsibilities for each team for the next day are outlined above.

The teams and their members engaged in in-depth planning sessions, meticulously outlining strategies to maximize task efficiency. Through collaborative brainstorming, each team developed a unified approach to tackle their responsibilities. After these productive meetings, everyone retired to their assigned quarters for a well-deserved rest. We ended the day by journaling about our experiences, reflecting on the day's highlights and key takeaways. The day's events were immortalized in our diaries, serving as a reminder of the lessons learned and memories created.



Flag hoisting



Volunteers cleaning the village streets



Cultural performance by NSS volunteers



DAY 3 – 09-06-2024

Day three of our NSS Camp Sanchalana commenced with a wake-up call at 5:30 AM, signaling the start of another productive day. We gathered near the flagpole at 7:00 AM for the flag hoisting ceremony with the theme of Blood donation and Farmers, which was graced by the presence of Sri Puttaraju, an esteemed Taluk Panchayat member.

Blood donation is a selfless act that saves lives and brings hope to those in need, and was promoted through a camp organized by us. Farmers, our unsung heroes, were honored through a beautiful rangoli theme during the flag hoisting ceremony, acknowledging their tireless efforts to feed our nation. The rangoli design intricately depicted the importance of blood donation and the invaluable contribution of farmers to our society. By honoring farmers and promoting blood donation, we can make a positive impact on our community and create a better world for all.

The flag hoisting ceremony was a poignant reminder of our responsibilities towards the community. The Flag Committee reported on the previous day's activities and informed us about the programs scheduled for the present day. The Captain and Vice-Captain took charge of their assigned duties.

Following the flag hoisting, we embarked on an invigorating aerobics session at 7:30 AM, which proved to be an excellent way to boost our enthusiasm and energy levels. The session was not only fun-filled but also beneficial for our health, setting the tone for an active day ahead. The aerobics session concluded at 8:30 AM, after which we proceeded to the dining area for our breakfast. The kitchen department had prepared a nutritious and healthy meal, which we savored with relish.

Post-breakfast, we embarked on a plastic cleanup drive around the Anganwadi, school yard, and village areas as part of our Shramadhana initiative. This endeavor aimed to promote cleanliness and hygiene in the community. In addition, we organized a blood donation camp, which witnessed enthusiastic participation from villagers, KSIT alumni volunteers and NSS volunteers. The blood donation camp aimed to promote community health and wellness by collecting blood from willing donors, which would later be used to save lives in medical emergencies. The objective was to encourage community members to participate in this noble cause, fostering a culture of social responsibility and empathy. By organizing the camp in the village, we sought to bridge the gap in blood availability and make a positive impact on the lives of villagers. The blood donation camp was a resounding success, with many lives touched by this noble gesture. The camp aimed to emphasize the significance of donating blood to save lives and encourage community members to participate in this humanitarian cause.

By afternoon, at around 2:00 PM, we had completed all our assigned tasks, and the blood donation camp had concluded successfully, receiving a positive response from the villagers. The day's events had not only enriched our lives but also contributed to the betterment of the community. As we reflected on our experiences, we felt a deep sense of fulfillment and gratitude for the opportunity to serve the community. After lunch, we all returned to our accommodation to rest and prepare for the evening's cultural program. Then having break until 5:30, everyone was informed to assemble at government school for flag dehoisting. The chief guest for flag dehoisting was Suresh Gaviyappa. After the flag dehoisting, the stage department took charge.

The stage decoration was undertaken by Team Kittur Rani Chennamma, who adopted a Kannada theme to emphasize the importance of respecting and celebrating our motherland and mother tongue. The team skillfully utilized natural materials and creative efforts to transform the stage into a captivating setting that showcased our cultural heritage.

Team Swami Vivekananda, responsible for the cultural programs, demonstrated utmost dedication and enthusiasm in their performances, entertaining the villagers and promoting our rich cultural traditions. The cultural program commenced at 7:30 pm, attracting the entire village to the stage, where they enjoyed the performances and celebrated our shared cultural identity.

We were deeply honored by the presence of esteemed guests who graced our evening cultural program with their distinguished presence. The list of notable attendees included Sri B T Nagesh, District President of Kannada Sahitya Parishat, Ramanagara; Sri Girish, Principal of Sri Basaveshwara Pre-University College, Bidadi; Sri Dinesh BT, President of Kannada Sahitya Parishat; Sri Nanjundi, Honorary Treasurer of Kannada Sahitya Parishat, Banandooru; Sri Chandrashekar, President of Kannada Sahitya Parishat, Bidadi Hobli; Smt Sarojamma Nagaraju, Gram Panchayat Member; Sri Gopal R A, Former Member of Milk Producers Cooperative Society; Sri Siddeshayya, Member of Milk Producers Cooperative Society; Sri Siddaraju, Member of Milk Producers Cooperative Society; Sri Manjunath; Sri Naveen Kumar; and Sri Siddaraju, Congress Leader, Hosakeredoddi; and Sri Ravikumar. Their presence added significance and value to our cultural program.

Everyone enjoyed the cultural performances, which were not only fun-filled but also informative and moral-based. All the volunteers, seniors, and teachers actively participated in the cultural event. The event came to a close around 10:00 pm, and the food committee served us dinner with utmost care and attention to cleanliness. After having dinner, the team captain and vice-captain officially handed over their responsibilities to other team members, marking a smooth transition of duties.

The captain and vice-captain of Swami Vivekananda team were Gayatri Devi B and Vishwas, and this team was given the incharge of Cooking. The captain and vice-captain of Kuvempu team were Sanjay P and Amulya V, and this team was given the incharge of Flag hoisting (Theme-Farmers & Value of education). The captain and vice-captain of Krantiveera Sangolli Rayanna team were Sachin Babannavar and Archana S K, and this team was given the incharge of Shramadhana (Theme-Construction). The captain and vice-captain for Kittur Rani Chennamma were Soujanya N and H P Rahul Krishna, and this team was given the incharge of Cultural. The captain and vice-captain of Visveswaraya team were Abhilasha V and Vikas K S, and this team was given the incharge of Stage (Theme-Gurukula). The tasks and responsibilities for each team for the next day are outlined above.

The teams and their members convened for intensive planning sessions, carefully mapping out tactics to optimize task execution. Through collective brainstorming, each team forged a cohesive strategy to tackle their duties. Following these fruitful meetings, everyone withdrew to their designated quarters for a well-earned repose. We concluded the day by chronicling our experiences in our journals, introspecting on the day's triumphs and key insights. The day's events were etched in our diaries, serving as a testament to the wisdom gained and memories forged.







Blood Donation Camp





Cultural program by NSS volunteers

DAY 4 –10-06-2024

The fourth day of our NSS special camp started with a wake-up call at 5:30 AM. All the volunteers woke up and got ready for the flag hoisting ceremony, which was hosted by Team Kuvempu with the theme of farmers and the value of education. We assembled at the flagpole at 7:00 AM, where our guests, Sri Suresh, Sri Purushottamachari and Sri S Mahesh, joined us for the occasion. The flag hoisting team discussed the previous day's activities and briefed us on the events planned for the day. They also distributed medals to recognize the Best Performer of the Day and Week, as well as the Best Mentor for each team. The team captains and vice captains took charge of their respective activities.

Following the flag hoisting ceremony, we had a yoga session that lasted for an hour. Our volunteers, Sanjay G and Keerthana K, took the lead and guided us through various asanas, explaining their benefits. We performed Suryanamaskara 11 times, reciting related slokas, and practiced pranayama, a breathing exercise. The session emphasized the importance and benefits of practicing yoga daily. Our volunteers conducted a yoga session that had a profound impact, bringing vitality and energy to their own lives. They practiced yoga in the presence of villagers, showcasing its benefits and inspiring a holistic transformation. The session included Suryanamaskara and Pranayama, reducing stress and anxiety, promoting calm and inner peace, while also improving flexibility, balance, and overall health. Our volunteers shared the importance of yoga with the villagers, promoting a renewed sense of purpose and fulfillment. The session benefited both our volunteers and the villagers, fostering a sense of community and well-being.

After the yoga session, we took a short rest before heading to breakfast, where the kitchen department served us nutritious and hygienic food, keeping us energized for the day ahead.

After having our food, we all gathered to know about our assigned work for the day. Then, we volunteers engaged in our assigned tasks, which included a plastic cleanup drive across the village, removing unwanted weeds from assigned streets, and the main aspect of the day - wall painting at Government High School, Ramanahalli. We created many creative artworks on the walls, including educative drawings like body parts, carbon cycle, neuron (nerve cell), and rockets, as well as fun-oriented artworks that made the school more exciting and attractive for the students.

We also conducted a small games session for the students, which included book balancing, running races, hoop races, frog races, and other enthusiastic games that made the students more active and aware of the importance of both education and sports. Through our efforts, we encouraged the students to prioritize both their studies and physical activity. The wall painting activity transformed the school's walls into a vibrant and engaging learning space, while the sports session instilled in the students a sense of teamwork and camaraderie. Finally, we left the school with a renewed sense of purpose, knowing that we had made a positive impact on the students' lives.

By 2:00 PM, we had successfully completed all our assigned tasks, leaving us with a profound sense of accomplishment and a deeper connection to the community. As we looked back on our experiences, we felt grateful for the opportunity to make a positive impact. Following lunch, we returned to our accommodation to rest and prepare for the evening's cultural program. Later, at 5:30 PM, we reassembled at the government school for the flag dehoisting ceremony, graced by the presence of chief guest Sri S Manjunath. After the ceremony, the stage department took over, ushering in the next phase of the program.

Team Visveswaraya expertly decorated the stage, drawing inspiration from the timeless Gurukula tradition, which embodies the essence of effective teaching methods and their profound impact on learning. This ancient system fosters a holistic approach to education, nurturing students' intellectual, spiritual, and emotional growth. Meanwhile, Team Kittur Rani Chennamma, led by the cultural in-charge, mesmerized the audience with their exceptional oratory skills, engaging the villagers and drawing them in with their captivating words. By leveraging natural materials and creative flair, Team Visveswaraya successfully transformed the stage into a mesmerizing setting that proudly showcased our rich cultural legacy. The Gurukula system's emphasis on mentorship, self-discovery, and community service was beautifully reflected in the stage design, transporting the audience to a bygone era of wisdom and knowledge.

The cultural program lasted for three hours, beginning with an invocation song and expressions of gratitude towards the chief guests. The esteemed chief guests included Purushottama Chaari, former Director of Milk Producers Cooperative Society; Ramanahalli S. Mahesh, JDS Mukhandaru; S. Manjunath, former Director of VSSN; Ramanahalli Radhakumar, former Vice President of Gram Panchayat, Ramanahalli. The program featured stage performances, including dances, songs, and skits, that conveyed valuable moral lessons. During the event, we also took the opportunity to announce that we were organizing a free dental camp in association with Dayananda Sagar Hospital, which would provide treatments such as tooth filling, teeth check-ups, cap fitting, and more. We encouraged the villagers to attend in large numbers and make the camp a success. Later, medals were distributed to the winning students of Government High School for their achievements in the games played. After the program concluded, we gathered together for dinner and later a transfer of charge ceremony, where the responsibilities of team captains, vice captains, and in-charges were handed over to new leaders.

The captain and vice-captain of Swami Vivekananda team were Sathya Sai Sri B S and Arun L, and this team was given the incharge of Shramadhana. The captain and vice-captain of Kuvempu team were Sindhu M Nimbale and Sindhu M Nimbale, and this team was given the incharge of Stage (Theme-Nature). The captain and vice-captain of Krantiveera Sangolli Rayanna team were Aditya V and Monisha C, and this team was given the incharge of Cultural (Theme-News Channel). The captain and vice-captain for Kittur Rani Chennamma were Tharun K V and Prajwal P and this team was given the incharge of Flag hoisting (Theme-Dental Health). The captain and vice-captain of Visveswaraya team were Shashank C and Bhoomika D, and this team was given the incharge of Cooking. The tasks and responsibilities for each team for the next day are outlined above.

The teams and their members gathered for rigorous strategy sessions, meticulously outlining plans to enhance task performance. Through collaborative problem-solving, each team developed a unified approach to tackle their responsibilities. After these productive meetings, everyone retired to their assigned quarters for a well-deserved rest. We ended the day by reflecting on our experiences in our journals, analyzing the day's accomplishments and key takeaways. The day's events were documented in our diaries, serving as a lasting record of the knowledge acquired and memories created.







DAY 5 –11-06-2024

On the fifth day of our NSS special camp, we began the day with a flag hoisting ceremony at 7:00 AM, led by Team Kittur Rani Chennamma. The chief guests for the flag hoisting ceremony were Sri Puttaraju and Sri Appaji Gowda. During the ceremony, our volunteers emphasized the importance of oral hygiene, highlighting the need for regular brushing, flossing, and dental check-ups to maintain healthy teeth and gums. They also stressed the impact of good dental health on overall well-being, encouraging us to prioritize our oral health. Prior to the flag hoisting, the flag hoisting department briefed us on the previous day's activities and outlined the plan for the day's events. They also distributed medals to recognize the Best Performer of the Day and Week, as well as the Best Mentor for each team. Our captains and vice captains then took charge of their respective teams, ready to tackle the day's tasks.

Following the flag hoisting ceremony, we engaged in a Zumba session led by our volunteers. The energetic workout not only got our hearts racing but also set a positive tone for the day ahead. Starting our day with Zumba had a profound impact on our mood and energy levels, and we realized the importance of incorporating physical activity into our daily routine. Regular Zumba practice can improve cardiovascular health, boost mental well-being, increase flexibility, and enhance overall physical fitness.

After the Zumba session, we divided into groups and undertook various activities. Some of us participated in a plastic drive and cleaned the village, while others created art on school walls. A few volunteers took charge of the dental camp organized by Dayananda Sagar Hospital, Bangalore, which aimed to provide free dental care to the villagers. The dental camp included treatments like tooth filling, teeth check-ups, and cap fitting, promoting good oral health and awareness among the villagers. This initiative had a significant impact on the dental health of the villagers, providing access to free dental care, educating them on oral hygiene, encouraging regular dental check-ups, and improving their overall quality of life.

The dental camp organized in the village provided free dental care to the residents, significantly improving their oral health and overall well-being. A team of volunteers and dentists worked together to offer a range of treatments, including fillings, extractions, and cleanings. In addition to providing essential dental care, the camp also educated villagers on proper oral hygiene practices, empowering them to maintain healthy smiles and prevent future dental issues. By bringing dental care directly to the village, we made a positive impact on the community's health and happiness, demonstrating our commitment to serving those in need.

As we worked on our assigned tasks, we realized the importance of community service and the impact it can have on the lives of others. Our efforts not only contributed to the betterment of the village but also instilled in us a sense of responsibility and compassion. We understood that even small actions, like cleaning the village or promoting dental health, can make a significant difference in the lives of others.

After a fulfilling day of work, we gathered for lunch and rested for a while before preparing for our evening cultural program. As we reflected on our experiences, we felt grateful for the opportunity to serve the community and make a positive impact on the lives of the villagers.

Our NSS special camp experience taught us valuable lessons about teamwork, community service, and the importance of prioritizing our physical and mental well-being.

Then, we had a break until 5:30 PM, when everyone was informed to assemble at the government school for the flag dehoisting ceremony. The chief guest for the flag dehoisting ceremony was Sri Kempegowda. After the flag dehoisting, the stage department took charge.

Team Krantiveera Sangolli Rayanna, responsible for the cultural programs, showcased unwavering passion and energy in their presentations, mesmerizing the villagers and showcasing our vibrant cultural heritage. The cultural program began at 7:30 pm, drawing the entire village to the stage, where they reveled in the performances and celebrated our collective cultural legacy.

We were deeply honored by the presence of esteemed guests who graced our evening cultural program with their distinguished presence. The list of notable attendees included Srimati Geetha Puttaraju, former Taluk Panchayat Member; Srimati Shobha Appajigowda, former Gram Panchayat Member; Srimati Rajamma Gangadharayya, former Gram Panchayat President; and Sri Kempegowda, SDMC President of Ramanahalli Government School. Their presence added significance and value to our cultural program, and we were grateful for their support and encouragement. Everyone enjoyed the cultural performances, which were not only entertaining but also informative and moral-based. The theme of the cultural event was "Current Trends in News Channels," and the participants showcased their news reading and reporting skills. All volunteers, seniors, and teachers actively participated in the event. We also informed the villagers about the medical camp organized by M S Ramaiah Hospital, Bangalore, scheduled for the next day, where treatments and medicines would be provided free of cost. We highlighted the benefits of the health camp and encouraged the villagers to participate, making the event a success. The cultural program concluded around 10:00 pm, and the food committee served dinner with utmost care and attention to cleanliness.

After dinner, the team captain and vice-captain formally handed over their responsibilities to other team members, ensuring a smooth transition of duties.

The captain and vice-captain of Swami Vivekananda team were Lohith Yadav R and Sulagna Mondal, and this team was given the incharge of Stage (Theme-Medical). The captain and vice-captain of Kuvempu team were Panchami L and Varun R, and this team was given the incharge of Cooking. The captain and vice-captain of Krantiveera Sangolli Rayanna team were Varun Kulkarni and Girish B H, and this team was given the incharge of Flag hoisting (Theme-NSS). The captain and vice-captain for Kittur Rani Chennamma were Likitha and Kiran D and this team was given the incharge of Shramadhana. The captain and vice-captain of Visveswaraya team were Monisha B N and Shalini S, and this team was given the incharge of Culturals (Ethnic day). The tasks and responsibilities for each team for the next day are outlined above.

The teams got together to plan their tasks carefully. They worked together to find the best ways to get everything done. After these meetings, everyone went to their rooms to rest. We ended the day by writing in our journals about what we did and what we learned. We wrote down the highlights of the day and what we'll remember most. Our journals will help us look back on the day's events and remember what we learned and experienced.







DAY 6 –12-06-2024

The day commenced with a wake-up call at 5:30 am, followed by the assembly of all NSS volunteers near the flag pole at 7:00 am. The guest of honour for the flag hoisting ceremony was Sri Ramesh from Ashramadoddi and Mr. Naveen V (NSS Program officer) and Mr. Umesh (Physical Director). Team Krantiveera Sangolli Rayanna performed the flag hoisting, with the theme centred around NSS. The volunteers provided a brief overview of NSS, recapped the previous day's activities, and outlined the plans for the current day.

The National Service Scheme (NSS) was launched in 1969 by the Government of India to commemorate the birth centenary of Mahatma Gandhi. The NSS symbol, a stylized Rath Wheel, represents the cycles of life and the continuous efforts of individuals for the betterment of society. The logo's colours, navy blue and red, signify the sky and the earth, respectively, highlighting the connection between the individual and the community. The NSS slogan, "Not Me but You," emphasizes the selfless nature of community service. Today, NSS has become a powerful youth movement, shaping the lives of millions of students across India. They also distributed medals to recognize the Best Performer of the Day and Week, as well as the Best Mentor for each team.

Following this, the volunteers participated in a heartfulness meditation session. Meditation is a powerful tool that calms the mind, soothes the soul, and rejuvenates the body. Regular meditation practice improves focus, enhances mental clarity, and boosts emotional well-being. By adopting meditation into our daily lives, we can better manage stress, increase productivity, and cultivate a sense of inner peace. Incorporating meditation into our daily routine can have a profound impact on our overall health and happiness, leading to a more balanced and fulfilling life. The session concluded at 8:30 AM, after which we proceeded to the dining area for our breakfast. The kitchen department had prepared a nutritious and healthy meal, which we savored with relish.

After breakfast, we volunteers assisted the doctors from M S Ramaiah Hospital in conducting a comprehensive health camp for the village residents, volunteers, and lecturers. The medical team from Ramaiah Medical College performed various tests, including Blood Pressure (BP) monitoring, Random Blood Sugar (RBS) testing, Ear, Nose, and Throat (ENT) examinations, General physical examinations, Dermatological consultations (skin treatment), and Mammography screening (breast cancer test). The doctors distributed free medicines and provided guidance on health issues, recommending surgeries if necessary. The camp focused on women's health, with a special mobile van for breast cancer screening being a significant highlight that benefited many women. Our college lecturers and students also availed themselves of these medical services, making it a valuable experience for all.

A medical health camp was organized in the village to provide free healthcare services to the residents. The camp aimed to address the villagers' various health concerns and offer timely medical attention. With a team of expert doctors and medical staff, the camp provided comprehensive health checkups and distributed free medicines. The initiative improved the villagers' access to healthcare, promoting their overall well-being and quality of life.

By 2:00 PM, we had accomplished all our tasks, and the medical health camp had come to a successful close, garnering appreciation from the villagers. The day's events had left an indelible mark on our lives, contributing significantly to the community's welfare.

As we reminisced about our experiences, we felt profound satisfaction and gratitude for the chance to serve the community. Following lunch, we retired to our accommodation to rest and prepare for the evening's cultural festivities. Later, after a brief respite until 5:30 PM, we reconvened at the government school for the flag dehoisting ceremony, graced by the esteemed presence of KSIT alumni and the NSS program officer and physical director. Subsequently, the stage team took over, ushering in the next phase of the evening's program.

The stage decoration, undertaken by Team Swami Vivekananda, embraced a medical theme, highlighting the importance of good health, timely medical support, and the vital role doctors play in providing quality treatment and saving countless lives. The team's creativity and resourcefulness transformed the stage into a captivating setting, showcasing our cultural heritage through innovative use of natural materials. Meanwhile, Team Visveswaraya, responsible for the cultural programs, demonstrated unwavering dedication and enthusiasm in their performances, delighting the villagers and celebrating our rich cultural traditions. The cultural program commenced at 7:30 pm, drawing the entire village to the stage, where they revelled in the performances and shared in the joy of our collective cultural identity.

We were deeply honoured by the presence of esteemed guests who graced our evening cultural program with their distinguished presence. The notable attendees included Sri Suryanarayana, former President of Milk Producers Cooperative Society; Ramanahalli Sri Kumar and Ramanahalli Srimati Mangala Gowamma, former Vice Presidents of Milk Producers Cooperative Society; Sri Siddaramayya, former Member of V.S.S.N; Ramanahalli Sri Chowdayya, a respected villager; Sri Shankarayya and Sri Ramesh, both from Ashramadoddi. Their presence added immense significance and value to our cultural program, and we were grateful for their support and encouragement. The Cultural Committee expertly arranged the program, and the chief guests were honored with mementos as a token of respect and gratitude.

The cultural program featured a range of exciting performances, including the distribution of school bags and books to school children, which underscored the importance of promoting education in village students. This gesture aimed to encourage and support their academic journey, recognizing that education is the key to unlocking their full potential and empowering them to build a brighter future. The program also included vibrant dance and song performances, a thought-provoking skit, a confident ramp walk, and enthusiastic performances by village people, as well as a delightful skit by school children. By promoting education and showcasing their talents, we aimed to inspire and motivate the village students to reach for their dreams. After the program ended at 9:30 pm, we proceeded to dinner. Meanwhile, the Food Committee had served dinner with utmost care and attention to cleanliness, handling their department with great concern and professionalism.

After we finished eating, the team captain and vice-captain officially handed over their responsibilities to other members of the team.

The captain and vice-captain of Swami Vivekananda team were Sahana T and Gayatri Devi B, and this team was given the incharge of Flag hoisting (Theme-Plantation). The captain and vice-captain of Kuvempu team were Madhu H and Sushen Krishnapur, and this team was given the incharge of Culturals. The captain and vice-captain of Krantiveera Sangolli Rayanna team were Prajwal G V and Amulya M N, and this team was given the incharge of Stage (Theme-Fusion).

The captain and vice-captain for Kittur Rani Chennamma were Archana N and Tharun K V, and this team was given the incharge of Cooking. The captain and vice-captain of Visveswaraya team were Abhilasha V and Vikas K S, and this team was given the incharge of Shramadhana. The tasks and responsibilities for each team for the next day are outlined above.

The teams got together to plan and discuss how to best complete their tasks. They worked together to come up with a plan and make sure everyone knew what to do. After these productive meetings, everyone went back to their rooms to rest. We ended the day by writing in our journals, thinking about what we learned and what went well. We wrote down everything that happened, so we could remember the good times and what we learned.









DAY 7 –13-06-2024

The 7th day of our NSS Camp Sanchalana 2024 began with a flag hoisting ceremony conducted by Team Swami Vivekananda. All volunteers woke up early at 5:30 AM and assembled at the flagpole by 7:00 AM. The theme of the ceremony was "Plantation" (Save Trees), highlighting the significance of conservation, reducing deforestation, and promoting afforestation. The event aimed to raise awareness about the importance of preserving our forests and the need to take collective action to protect the environment. The plantation program aims to replenish and restore our precious forests, promoting afforestation and combating deforestation. By planting trees, we rescue our planet from environmental degradation, preserve biodiversity, and ensure a sustainable future. Through this initiative, we strive to protect and nurture nature's beauty for generations to come.

The chief guests for the flag hoisting ceremony were Sri Gopal, Mr. Naveen V, NSS Program Officer, and Mr. Umesh, Physical Director. We sang the NSS song in unison and took a collective pledge. The Flag Committee presented a report on the previous day's activities and outlined the schedule for the current day. Our Captain and Vice-Captain assumed their responsibilities, leading the team with enthusiasm and dedication.

Following the flag hoisting ceremony, we enjoyed a lively musical chair session, where all volunteers actively participated and had a fun-filled morning. Afterwards, we headed to the dining area, where the kitchen department served us a delicious breakfast with care and hygiene. After fuelling up, each team collected their assigned shramadhana equipment from the shramadhana team and prepared for the main task of the day - the plantation session.

Then, we proceeded to a designated area assigned for planting saplings, demonstrating our commitment to preserving forest areas and cultivating more plants for a healthier future. With enthusiasm and dedication, we planted the saplings, showing our concern for the environment and our determination to contribute to a greener tomorrow.

The program aimed to promote environmental conservation and sustainable practices among the rural community. The NSS unit, comprising dedicated volunteers, engaged with the local community, emphasizing the importance of environmental stewardship and sustainable living. The volunteers spearheaded a sapling planting drive, which was supported by the Village Head, heads of MPCs (Milk Producers Cooperative Society), and Gram Panchayat members, who participated in the event and encouraged the villagers to actively contribute to environmental conservation. The collective effort aimed to foster a culture of afforestation and eco-friendly living in the village.

The program's impact was profound, with a significant increase in awareness among the villagers about the importance of conserving forests and trees. Our main task, planting saplings across the village, served as a powerful symbol of our commitment to environmental conservation. This achievement is crucial for the future generation, as it ensures a healthier environment and a sustainable future.

By planting these saplings, we not only spread awareness but also took tangible action towards environmental conservation, inspiring the community to follow suit. Through this initiative, the NSS unit of KSIT has made a lasting impact on the community, fostering a culture of sustainability and environmental responsibility.

After the successful plantation session, all teams and their mentors returned to the camp for lunch, which was served at 1:30 p.m. Following lunch, we took a break, during which everyone started preparing for their cultural programs scheduled for the evening. Later, after a brief break until 5:30 p.m., we assembled at the government school for the flag dehoisting ceremony. The chief guests for the flag dehoisting were Sri Suresh and Sri Anil. Once the flag dehoisting was complete, the stage department took over, setting the stage for the evening's cultural programs.

Team Krantiveera Sangolli Rayanna masterfully decorated the stage, blending the themes of all five teams into a stunning fusion design. This creative approach paid tribute to the collective efforts of each team in decorating the stage for the cultural event. By incorporating natural materials and innovative ideas, the team transformed the stage into a breathtaking setting that showcased our cultural legacy. Meanwhile, Team Kuvempu, responsible for the cultural programs, delivered outstanding performances with unwavering dedication and enthusiasm, captivating the villagers and honoring our rich cultural heritage. The cultural program began at 7:30 pm, drawing the entire village to the stage, where they reveled in the performances and celebrated our shared cultural spirit.

We were deeply honored by the presence of esteemed guests who graced our evening cultural program with their distinguished presence. The notable attendees included Sri Mallikarjuna, former Member of S.D.M.C, Ramanahalli Srimati Gowramma, former Director of S.D.M.C, and Ramanahalli Sri Gangadarayya, a respected Village Leader. Their presence added immense significance and value to our cultural program, and we were grateful for their support and encouragement.

The evening's cultural program was a vibrant celebration, featuring various performances and recognition ceremonies. The village leaders and M.P.C.S presidents honored our NSS Program Officer, Mr. Naveen V, for his dedication. The 2024 NSS batch also showed their appreciation for Mr. Naveen's guidance. We also extended our gratitude to the villagers who provided us with shelter and supported us throughout our camp, honoring them for their kindness and hospitality. The cultural activities included energetic dance performances, a thought-provoking skit, a confident ramp walk, and melodious songs. The event was a testament to the power of community and culture.

Mr. Naveen V, our NSS Program Officer, acknowledged the support of MPCs heads and members, Gram Panchayath members and heads, and Anganwadi and Govt High School teachers. He also thanked the village residents who took care of us throughout the camp, facilitating our stay with utmost care and concern. Their collective efforts ensured a successful and memorable experience for all. He extended an invitation to all of them to join the valedictory function on the last day, expressing his heartfelt gratitude for their unwavering support and cooperation, which made the camp a resounding success.

After the program ended at 9:30 pm, we proceeded to dinner. Meanwhile, the Food Committee had served dinner with utmost care and attention to cleanliness, handling their department with great concern. After we finished eating, the team captain and vice-captain announced that the responsibilities assigned to each team would remain the same for the next day.

The captain and vice-captain of Swami Vivekananda team were Sahana T and Gayatri Devi B. The captain and vice-captain of Kuvempu team were Madhu H and Sushen Krishnapur. The captain and vice-captain of Krantiveera Sangolli Rayanna team were Prajwal G V and Amulya M N, and this team was given the incharge of Flag hoisting (Theme-Agriculture).

The captain and vice-captain for Kittur Rani Chennamma were Archana N and Tharun K V, and this team was given the incharge of Cooking. The captain and vice-captain of Visveswaraya team were Abhilasha V and Vikas K S. The tasks and responsibilities for each team for the next day are outlined above.

And as this was our last night in Ramanahalli and the final day of our NSS Special Camp Sanchalana, we organized a campfire for the night near the ground adjacent to the Government High School. All the volunteers enjoyed the campfire, which was a truly fun-filled experience. After enjoying the campfire and having a blast, we all headed back to our accommodations and rested there.











Group photo of NSS volunteers

DAY 8 – 14-06-2024

The 8th day of our NSS Special Camp commenced with the flag hoisting by Team Krantiveera Sangolli Rayanna, themed around agriculture and its significance. The rangoli design beautifully depicted the importance of agriculture, highlighting its role as the backbone of our nation's economy and food security. Agriculture is the primary source of livelihood for many, providing employment and sustenance to millions. It is also crucial for the country's self-sufficiency and prosperity. As usual, we all gathered near the flagpole at 7:00 AM in the morning, and after the flag hoisting, we took a brief walk around the village. Then, we had our breakfast by 8:30 AM and returned to our accommodation to get ready to visit the village temples and seek blessings. Later, we packed our bags and prepared for the valedictory function, which commenced at 12:30 PM.

The valedictory function of our NSS Special Camp Sanchalana 2024 was held on the 8th day of our NSS camp, the final day, marking the successful conclusion of a week filled with meaningful activities and community service. The ceremony was graced by esteemed guests, including local dignitaries and representatives from the K.S. Institute of Technology.

The valedictory function of our NSS Special Camp Sanchalana 2024 was honored by the presence of several distinguished guests. These included Gopal, a member of the Gram Panchayat; Suresh, President of the Milk Producers Cooperative Society (MPCS); and Anil, Director of MPCS. Additionally, the event was graced by our NSS Program Officer, Naveen V, and the Physical Education Director, Umesh. Their presence added prestige to the occasion and underscored the importance of community collaboration and support in making the camp a success.

Speeches were delivered, highlighting the achievements of the camp and the impact of our initiatives on the community. Certificates of participation were awarded to the volunteers, acknowledging their hard work and dedication.

We extended our heartfelt gratitude to the teachers of Government High School, Ramanahalli, namely Venkata Lakshamma, Padma K.S., and Savitri, as well as to Geetha, the Anganwadi teacher, for their unwavering support and cooperation throughout our camp. Their generosity in providing us with shelter and their immense assistance were invaluable. As a token of our appreciation, we presented them with mementos. Additionally, we expressed our gratitude to Suresh, President of the Milk Producers Cooperative Society (MPCS), and Anil, Director of MPCS, for their significant contributions. We also honored Umesh, our Physical Education Director, with a memento in recognition of his dedicated support. In turn, the President and Director of MPCS expressed their gratitude to our NSS Program Officer, Naveen V, by presenting him with a token of appreciation.

Based on their performance throughout the camp, participants were awarded with mementos and various individual and group awards.

For individual awards among the girls, Vishnu Priya received the award for Discipline, Varsha Jayakumar for Culturals, Monisha C for Shramadhana, Likitha P for Cleanliness, and Meghana for Overall performance. Among the boys, the Discipline award went to Sushen Krishnapur and Vikas K S, Srujan Karanth received the award for Culturals, Vishwas for Shramadhana, Aditya for Cleanliness, and Prajwal G V and Raghu H M for Overall performance.

Special Awards were given to recognize exceptional contributions: Sanjay P was awarded for Banner Designing and Sound System Operating, and Girish B H for School and Anganwadi Painting.

In the team awards category, the award for Discipline was given to Team KUVEMPU, Culturalists to Team KITTURU RANI CHENNAMMA, Shramadhana to Team VISHVESHVARAIAH, Cleanliness to Team SWAMI VIVEKANANDA, and the Overall team award was given to Team KRANTIVEERA SANGOLLI RAYANNA.

The NSS Special Camp Sanchalana 2024 was a resounding success, marked by numerous impactful initiatives and dedicated efforts by all participants. Throughout the camp, our volunteers made significant contributions to the Ramanahalli community, enhancing the lives of its residents and fostering a spirit of collaboration and service.

Key highlights of the camp included:

We distributed color kits, school bags, and college bags to village students, supporting their educational needs and encouraging academic pursuit. We provided an experimental kit to the Milk Producers Cooperative Society (MPCS) to aid in their operational efficiency and innovation. Our volunteers cleaned the schoolyard and promoted cleanliness and hygiene, contributing to a healthier environment for the students and staff. A blood donation camp was organized, which saw active participation from volunteers and locals, demonstrating our commitment to saving lives. Each morning, participants engaged in diverse routines, including walking, yoga, meditation, aerobics, and Zumba, promoting physical and mental well-being. The school walls were painted, creating a more vibrant and inspiring learning environment. We hosted dental checkups and a comprehensive medical camp, ensuring the health and well-being of the villagers. A plantation drive was initiated, emphasizing the importance of environmental conservation and sustainability. The camp concluded with a memorable valedictory function, where achievements were celebrated, and tokens of gratitude were exchanged.

In addition to these activities, the camp was a significant learning experience, imparting valuable moral and ethical values, discipline, time management, and teamwork. The structured schedule and various responsibilities instilled a strong sense of discipline and time sense among the participants. Working together on different projects fostered a spirit of teamwork and collaboration, highlighting the importance of collective effort and mutual support.

These activities not only addressed immediate community needs but also laid the groundwork for sustained positive change. The collaborative spirit, hard work, and dedication exhibited by the NSS volunteers were truly commendable, leaving a lasting impact on the community and fostering a sense of unity and purpose among all participants.

The NSS Special Camp Sanchalana 2024 has been an enriching and transformative experience for everyone involved, reinforcing our commitment to social service and community development. We look forward to continuing our efforts in future initiatives, building on the success of this camp and furthering our mission to serve and uplift communities.











Group photo of NSS volunteers

PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



NSS COORDINATOR

NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
Bengaluru - 560 109



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BENGALURU - 560 109.



K.S. INSTITUTE OF TECHNOLOGY

National Service Scheme

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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.



INTERNATIONAL YOGA DAY

DATE: 10\06\2024

VENUE: Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109

ORGANIZED BY: NSS Unit of KSIT

DURATION: 07:30AM – 09:00AM.

PARTICIPANTS: NSS Program Officer, NSS Volunteers.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To promote physical and mental well-being among village residents, enhancing their overall health and quality of life.
- To increase awareness about the benefits of yoga for health and wellness, educating villagers on its impact on physical, mental, and emotional well-being.
- To provide a platform for villagers to come together and practice yoga, fostering a sense of community and social connection.
- To reduce stress and anxiety, and improve overall quality of life, promoting relaxation and calmness.
- To encourage villagers to adopt yoga as a regular practice for a healthier lifestyle, inspiring long-term commitment to physical and mental well-being.

HISTORY OF YOGA DAY

Yoga Day was proposed by Indian Prime Minister Narendra Modi on September 27, 2014. The United Nations adopted the resolution, and the first Yoga Day was celebrated on June 21, 2015. Yoga Day is celebrated annually on June 21, the summer solstice in the Northern Hemisphere. The day aims to raise awareness of yoga's benefits and promote its practice worldwide. In 2015, India's Reserve Bank issued a commemorative coin to mark Yoga Day.

SCOPE OF THE PROGRAM

Celebrating Yoga Day promotes physical, mental, and spiritual well-being. It raises awareness about the benefits of yoga for holistic health. Yoga Day encourages a healthy lifestyle and stress management. It fosters global unity and harmony, transcending cultural boundaries. By celebrating Yoga Day, individuals can connect with their inner selves and nature.

HIGHLIGHTS OF THE EVENT

NSS unit of KS Institute of Technology, Bangalore, organized a yoga session in Ramanahalli Village, Bidadi. This event was conducted on 10th June 2024 to commemorate International Yoga Day, with the objective of promoting awareness about the significance of yoga in daily life and encouraging its adoption as a regular practice among the rural community.

The yoga session was skillfully handled by our volunteers, Sanjay P and Keerthana K, who led the participants through various yoga practices and breathing techniques. The session commenced with the ancient yogic practice of Suryanamaskara, which was performed 11 times, accompanied by the recitation of slokas. Our volunteers elucidated the importance of this practice, highlighting its benefits for physical and mental well-being. The session progressed to Pranayama, a breathing-related yoga practice that promotes relaxation and stress relief.

The event concluded with a sense of accomplishment and a newfound appreciation for the ancient art of yoga. We believe that this initiative will have a lasting impact on the participants, inspiring them to incorporate yoga into their daily lives. The NSS unit of KSIT is committed to promoting yoga as a means to achieve physical, mental, and emotional well-being, and this event was a significant step towards achieving this goal.





PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

ENVIRONMENT DAY

DATE: 13\06\2024

VENUE: Ramanahalli, Bidadi Hobli, Ramanagara District, Karnataka- 562109

ORGANIZED BY: NSS Unit of KSIT

DURATION: 10:00AM – 01:00pm.

PARTICIPANTS: NSS Program Officer, Physical Education Director-Mr. Umesh, Villagers, Village Head's and NSS Volunteers.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To promote environmental awareness and education among village residents, emphasizing the importance of conservation and sustainable living practices.
- To combat climate change and air pollution by increasing green cover, which will help reduce carbon footprint and produce oxygen.
- To protect and conserve natural resources for future generations, ensuring a healthy and thriving environment.
- To bring the community together and foster a sense of responsibility towards the environment, encouraging collective action and ownership.
- To inspire sustainable living practices and encourage environmentally-friendly habits among villagers, such as reducing waste, using renewable energy sources, and promoting eco-friendly agriculture.

HISTORY OF ENVIRONMENT DAY

World Environment Day was established in 1972 by the United Nations General Assembly to raise global awareness about environmental issues. The first celebration was held on June 5, 1973, with the theme "Only One Earth." Since then, it has been celebrated annually on June 5, with a new theme each year.

The day is hosted by a different country each year, with the aim of promoting sustainable living and environmental protection. Over the years, World Environment Day has become a global platform for environmental activism and awareness. Today, it is celebrated in over 100 countries around the world.

SCOPE OF THE PROGRAM

World Environment Day celebrations aim to raise awareness about environmental issues and promote sustainable living. The scope includes encouraging individuals, communities, and governments to take action to protect the environment. It also aims to promote sustainable development, conservation, and management of natural resources. Ultimately, the goal is to create a better future for all, with a healthy and thriving environment. To celebrate by planting new saplings and create awareness by making posters.

HIGHLIGHTS OF THE EVENT

On June 13, 2024, the NSS unit of KS Institute of Technology (KSIT) organized an environmental awareness program in Ramanahalli village to commemorate World Environment Day. The program aimed to promote environmental conservation and sustainable practices among the rural community.

The NSS unit, comprising dedicated volunteers, engaged with the local community, emphasizing the importance of environmental stewardship and sustainable living. The volunteers spearheaded a sapling planting drive, which was supported by the Village Head, Panchayath Development Officer, heads of MPCS (Milk Producers Cooperative Society), and Gram Panchayath members, who participated in the event and encouraged the villagers to actively contribute to environmental conservation. The collective effort aimed to foster a culture of afforestation and eco-friendly living in the village.

The program's impact was profound, with a significant increase in awareness among the villagers about the importance of conserving forests and trees. Our main task, planting 200 saplings across the village, served as a powerful symbol of our commitment to environmental conservation. This achievement is crucial for the future generation, as it ensures a healthier environment and a sustainable future. By planting these saplings, we not only spread awareness but also took tangible action towards environmental conservation, inspiring the community to follow suit. Through this initiative, the NSS unit of KSIT has made a lasting impact on the community, fostering a culture of sustainability and environmental responsibility.







PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



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NASHA MukT BHARATH ABHIYAAN

Date of Conduction of Program: 24/06/2024

Venue: K.S.Institute of Technology, Raghuvanahalli, Bangalore

Organized by: NSS KSIT in collaboration with BRAHMAKUMARI ASHRAM

Duration: 10:30am-12.30pm

Participants: Sister Brahmakumari Megha Deepa, NSS PO and CSE Students.

Incharge Faculty: Mr. Naveen V, NSS Program Officer, KSIT.

SCOPE OF THE PROGRAM

NSS KSIT in collaboration with BRAHMAKUMARI ASHRAM conducted a program which is aimed at Drug addiction free students with fundamental concepts.

OBJECTIVES OF THE PROGRAM

“Say no to drugs, Say yes to life” was the theme resonating for this event. Awareness on aspects of drug abuse, rehabilitation, social aspects of drug usage, potential action plans to curb drug menace were among many issues discussed.

HIGHLIGHTS OF THE PROGRAM

The program took place at K.S.Institute of Technology, Raghuvanahalli, Bangalore on June 24, 2024. The Nasha MukT Bharath Abhiyaan was taken over by Sister Brahmakumari Megha Deepa, CSE students, NSS program officer and NSS volunteers were present. Sister Brahmakumari Megha Deepa made the session very interactive with the students. Firstly they played a video to give an introduction about the origin of Bramhakumaris and also told about the Dadi Janki who was the Chief of Bramhakumaris.

Then she taught about the Supreme light, rajyoga to understand ourself first, to take control of our whole body. Then she told about the misuse and abuse of substances, the bad impacts of smoking, tambako, gutkha on the childrens. Then the cycle of Addiction. The major aim of the program was to create awareness about Drugs and their effects. The Nasha MukT Bharath Abhiyan was initiated by the Government of India and conducted by the Sister Brahmakumaris. And she also taught Rajayoga Meditation to get mastery over the

senses for two minutes and at the last all of us took a pledge and ended the session.

After that the principal Dilip Kumar thanked Sister Brahmakumari Megha Deepa by giving a token of respect for conducting Nasha Mukta Abhiyaan and creating awareness among the students of KSIT about the drug addiction.





Bengaluru, Karnataka, India
KSIT College Kankapura Road, Raghuvanahalli, Bangalore City Municipal Corporation
Layout, Bengaluru, Karnataka 560062, India
Lat 12.880174°
Long 77.545174°
24/06/24 11:44 AM GMT +05:30



Sister Explaining about Drug Addiction



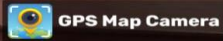
Bengaluru, Karnataka, India
KSIT College Kankapura Road, Raghuvanahalli, Bangalore City Municipal Corporation
Layout, Bengaluru, Karnataka 560062, India
Lat 12.880174°
Long 77.545174°
24/06/24 11:41 AM GMT +05:30



Students listening



Bengaluru, Karnataka, India
KSIT College Kankapura Road, Raghuvanahalli, Bangalore City Municipal Corporation
Layout, Bengaluru, Karnataka 560062, India
Lat 12.880174°
Long 77.545174°
24/06/24 11:29 AM GMT +05:30



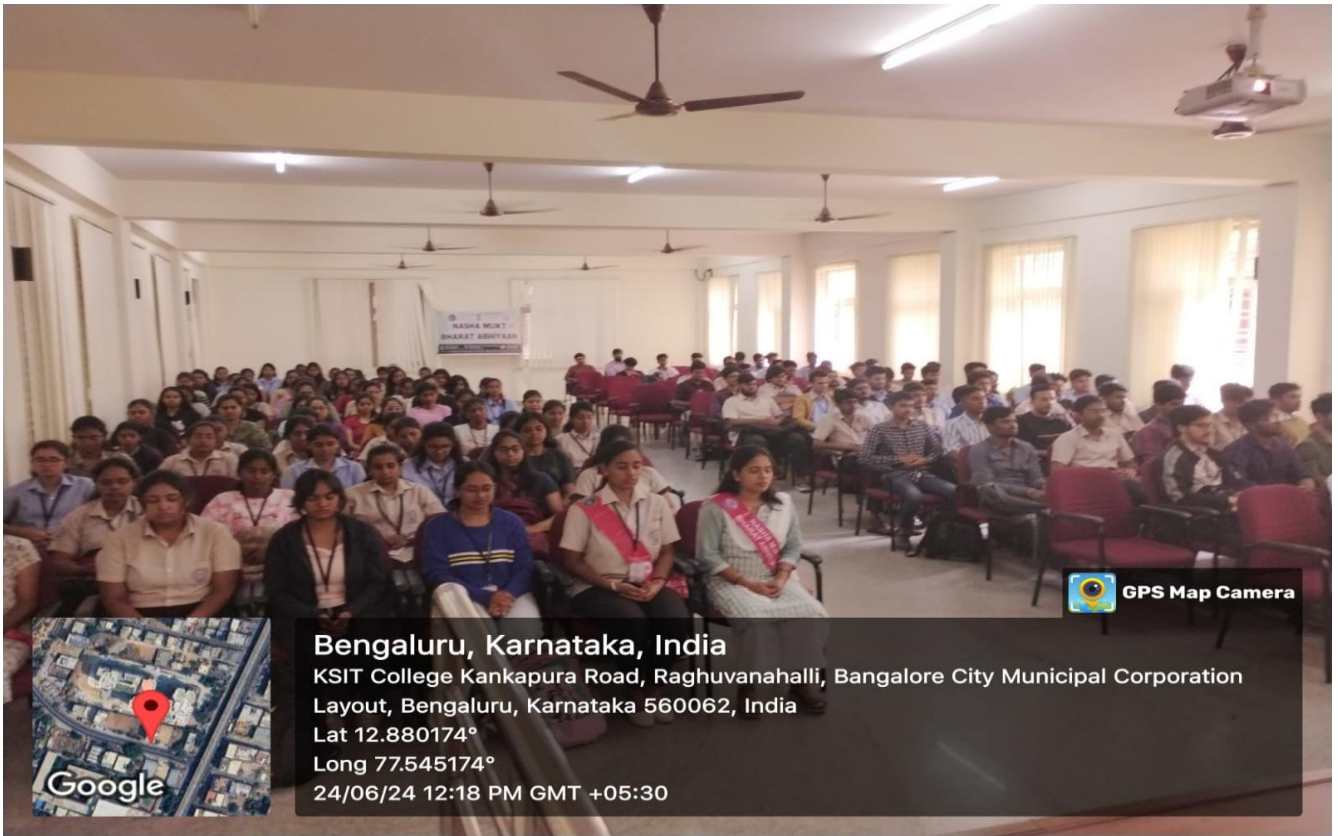
Sister Explaining about Drug Addiction



Bengaluru, Karnataka, India
KSIT College Kankapura Road, Raghuvanahalli, Bangalore City Municipal Corporation
Layout, Bengaluru, Karnataka 560062, India
Lat 12.880174°
Long 77.545174°
24/06/24 11:22 AM GMT +05:30



Students listening



Students doing Rajayoga Meditation



Taking Pledge



Students taking Pledge



Principal Speech



Token of Respect from BRAHMAKUMARI ASHRAM

PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

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- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



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National Service Scheme
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14, Raghuvanahalli, Kanakapura Main Road, Bengaluru - 560 109.

DRUG AWARENESS PROGRAM

DATE: 25\06\2024

VENUE: Seminar Hall (Ground floor, New Building).

ORGANIZED BY: NSS Unit of KSIT.

DURATION: 10:30AM – 12:30PM.

PARTICIPANTS: Inspector Umesh, NSS Program Officer, NSS Volunteers, ECE and CSE students of KSIT.

INCHARGE FACULTY: Mr. Naveen V, NSS Program Officer, KSIT.

OBJECTIVES:

- To educate students about the dangers and harmful effects of drug abuse, including the physical, emotional, and psychological consequences.
- To raise awareness about the risks of addiction, the impact on mental health, and the potential for overdose and death.
- To provide information about the different types of drugs, including prescription drugs, illicit drugs, and substances of abuse, and their effects on the body and brain.
- To promote a healthy and drug-free lifestyle among students, by encouraging them to engage in positive activities, seek help when needed, and support their peers in making healthy choices.
- To provide resources and support for students struggling with drug addiction or substance abuse, including counseling, referral services, and support groups, to help them overcome their addiction and achieve a healthy and fulfilling life.

HISTORY OF DRUG AWARENESS DAY

The International Day Against Drug Abuse and Illicit Trafficking, also known as Drug Awareness Day, is observed on June 24th every year. This day was established by the United Nations in 1987 to raise awareness about the dangers of drug abuse and illegal drug trade. The date was chosen to commemorate the birthday of UNODC's (United Nations Office on Drugs and Crime) precursor, the International Narcotics Control Board. Since then, June 24th has been marked as a day to educate people about the harmful effects of drugs and to promote drug abuse prevention and treatment. The day is observed globally with events, campaigns, and awareness programs.

SCOPE OF THE PROGRAM

The scope of Drug Awareness Day at KSIT includes educating students about drug abuse dangers, promoting a healthy lifestyle, and providing resources for those struggling with addiction. The event aims to raise awareness and support among students, faculty, and staff, creating a drug-free campus community. Inspector Umesh from Talagattapura Police Station will conduct a session, sharing his expertise and experiences.

HIGHLIGHTS OF THE EVENT

On 25th June 2024, the NSS unit of KS Institute of Technology (KSIT) organized a drug awareness program in our college, in observance of Drug Awareness Day. We were honored to have Inspector Umesh from Talagattapura Police Station conduct the session, sharing his expertise and experiences with our students. He addressed various topics, including the differences between drugs and medicine, types of medicines and drugs, composition of drugs, and the reasons why people turn to drugs.

Inspector Umesh also enlightened us on the signs and symptoms of drug addiction and use, the effects of drug abuse and addiction, and the physical and psychological effects of drug misuse. Furthermore, he educated us on the measures to avoid drug addiction and the importance of raising our voices against narcotic activities around us. He also provided valuable information on how to quit addictions and offered support to those struggling with substance abuse. The session was interactive, with Inspector Umesh engaging with students on their experiences and activities related to drug addictions.

The session conducted by Inspector Umesh was value-based and informative, effectively sensitizing the youths about the dangers of drug addiction. His insightful presentation empowered the students to make informed decisions and develop a negative attitude towards drug abuse, ultimately contributing to a healthier and more aware campus community.



GPS Map Camera

Bengaluru, Karnataka, India
K.S Institute of Technology, #14, Raghuvanahalli, Kanakapura Road,
Bengaluru-560109
Lat 12.879039°
Long 77.544944°
25/06/24 11:49 AM GMT +05:30



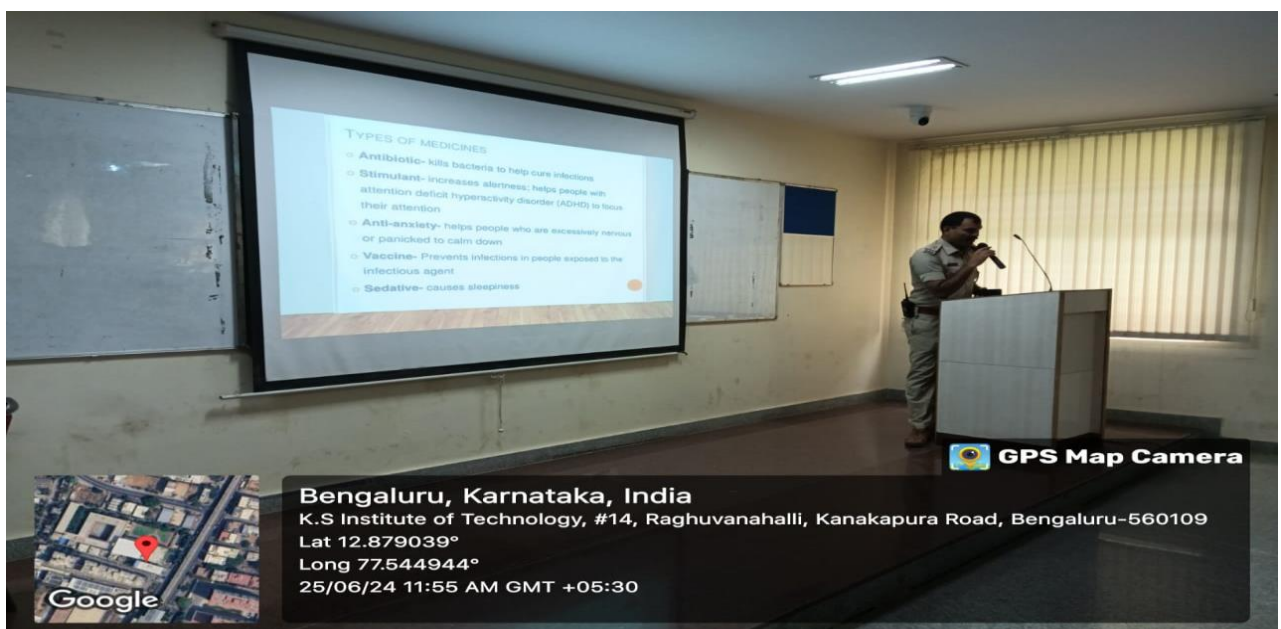
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25/06/24 11:55 AM GMT +05:30



PROGRAM OUTCOMES:

At the end of the programme, the following PO's are attained.

NSS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO 11	PO 12
NSS PROGRAMME						2	3		3			3

Justification of PO mapping:

- *Students can able to assess societal, health, safety, legal and cultural issues and the consequent responsibilities .*
- *Students can able to Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development .*
- *Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.*
- *Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change*



NSS COORDINATOR

NSS Programme Officer
K S Institute of Technology
Kanakapura Main Road
Bengaluru - 560 109



PRINCIPAL
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BENGALURU - 560 109.