



**K. S. INSTITUTE OF TECHNOLOGY, BANGALORE-560109**

**(An Autonomous Institution under VTU, Approved by AICTE)**



**DEPARTMENT OF COMPUTER SCIENCE & ENGINEERING**



**REPORT ON TALK**

**ON**



**‘HoPE (Humanity of Positive Energy) – Personality Development Program’**

<b>Date of conduction:</b>	14th March 2026 (Saturday)
<b>Venue:</b>	College Conference Hall, KSIT, Bengaluru
<b>Time:</b>	10:35 AM – 12:25 PM
<b>Duration:</b>	One Day (1 hour 50 minutes)
<b>No. of Students:</b>	150
<b>Sections:</b>	First Year B.E. – CSE A, B & C Sections

**Resource Person 1:**

Name: Vishwas

Designation: Resource Person

Organization: Sri Sathya Sai Seva Organization

Place: Bangalore

Vishwas introduced the HoPE (Humanity of Positive Energy) Program and explained its purpose, structure, and relevance to undergraduate engineering students. He outlined how the three-phase program is designed to bring about holistic personality development in young students at the start of their academic journey.

**Resource Person 2:**

Name: Sri Sai Chandrasekhar

Designation: Resource Person

Organization: Sri Sathya Sai Seva Organization

Place: Bangalore

Sri Sai Chandrasekhar is an experienced resource person from the Sri Sathya Sai Seva Organization, Bangalore South District. He comes from an eminent educational and professional background and has been conducting personality development programs for engineering students across leading

institutions in Karnataka. He conducted all four core sessions of the HoPE Program covering the Physical, Emotional, Intellectual, and Spiritual Quotients.

### **Introduction:**

A one-day Talk on 'HoPE (Humanity of Positive Energy)' was organized by the Department of Computer Science and Engineering, KSIT, in association with Sri Sathya Sai Seva Organization, Bangalore South District. The program aimed to provide first-year B.E. students with structured guidance on holistic personality development. The talk focused on introducing students to the PEIS framework – Physical, Emotional, Intellectual, and Spiritual Quotients – through interactive sessions conducted by experienced resource persons with eminent educational and professional backgrounds.

### **Objectives / Key Highlights:**

- To expose first-year B.E. students to the PEIS framework – Physical, Emotional, Intellectual, and Spiritual Quotients.
- To develop a positive attitude and right value system in young engineering students at the start of their academic journey.
- To equip students with foundational skills in self-awareness, emotional intelligence, and interpersonal communication.
- To promote mental well-being, mindfulness, and stress management among first-year students transitioning to college life.
- To foster a sense of social responsibility, ethical values, and citizenship among undergraduate engineering students.
- To collect structured feedback (HoPE Form) to measure the impact and plan future phases of the program.

### **Programme Schedule – Activities:**

Sl.No	Activity	Description
1	Welcome & Introduction	Registration of students, seating arrangement. Welcome address and introduction of Resource Persons by Event Coordinators.
2	Session 1: Physical Quotient (PQ)	Interactive session on physical well-being, health habits, yoga, sports and energy management. Importance of regular physical activity and its link to academic performance.

3	Session 2: Emotional Quotient (EQ)	Session on emotional resilience, empathy, peer relations, and interpersonal skills. Managing anger, stress, peer pressure, and social media influence with emotional maturity.
4	Session 3: Intellectual Quotient (IQ)	Session covering critical thinking, effective study techniques, time management, growth mindset, and use of online learning platforms (MOOCs, NPTEL, Coursera).
5	Session 4: Spiritual Quotient (SQ)	Session on core human values, mindfulness, purpose, gratitude, and character development. Emphasis on ethical conduct and positive thinking.
6	Feedback & Felicitation	Distribution and collection of HoPE Feedback Forms from all students. Felicitation of Resource Persons with bouquets and mementos. Vote of thanks.

### **Outcomes of the Talk:**

- Students were exposed to the PEIS framework (Physical, Emotional, Intellectual, Spiritual Quotients) for the first time in their academic journey.
- Students gained awareness about the importance of holistic personality development alongside academic excellence.
- The interactive format encouraged active participation and self-reflection among participants.
- Students developed awareness of managing emotions, reducing stress, and building resilience in college life.
- Students gained perspective on ethical values, social responsibility, and character-based success.
- HoPE feedback forms were collected from all attending students for measuring impact and planning future phases.

### **Conclusion:**

The HoPE (Humanity of Positive Energy) Personality Development Program was highly inspiring and beneficial for the first-year B.E. students. The talk provided a platform for students to receive structured guidance on the four key dimensions of human personality from experienced resource persons of the Sri Sathya Sai Seva Organization. The sessions on Physical, Emotional, Intellectual, and Spiritual Quotients helped students gain a holistic perspective at the very beginning of their engineering journey. Overall, the program enhanced the students' self-awareness, value system, and motivation for both academic excellence and personal growth.

## Participant Details:

No. of participants in Total: 150

Faculty Coordinators: Prof. T Somasekhar, Dr. Vijaya Lakshmi Mekali, Prof. Beena

Sections: First Year CSE – A, B & C Sections

## Event Coordinators

Sl.	Name	Designation	Role in Event
1	<b>Prof. T Somasekhar</b>	Faculty, Dept. CSE, KSIT	Lead Coordinator – Liaison with Sri Sathya Sai Seva Org., overall event management
2	<b>Dr. Vijaya Lakshmi Mekali</b>	Faculty, Dept. CSE, KSIT	Co-Coordinator – Student coordination, venue management
3	<b>Prof. Beena</b>	Faculty, Dept. CSE, KSIT	Co-Coordinator – Procurement, refreshments, feedback form management

## Detailed Budget Statement

Sl.	Item Description	Qty.	Rate (₹)	Amount (₹)
1	Flower Mons Bouquets (Sri Vigneshwara Flowers & Decorators, Bill No. 184)	2	100	200
2	Roses (Sri Vigneshwara Flowers & Decorators, Bill No. 184)	6	20	120
3	Wood Memento (20% disc on MRP ₹400 each) — Order Form	2	320	640
4	Water (Amul Dairy, Kanakapura Main Road — dated 14/03/26)	1	30	30
5	Horlicks & Coffee — Park view Restaurant, K Road QSR (Bill No. 278400, 14/03/26 10:12)	4	—	100
6	Butter Milk — Park view Restaurant, K Road QSR (Bill No. 278618, 14/03/26 13:01)	4	38.10	160
	<b>TOTAL ACTUAL EXPENDITURE</b>			<b>₹ 1,250</b>

## Event photos











Bengaluru, Karnataka, India  
Raghuvanahalli, Raghuvanahalli, Bengaluru, Karnataka 560109, India  
Lat 12.879096, Long 77.544950  
Saturday, 14/03/2026 12:39 GMT+05:30  
Note : Captured by GPS Map Camera



Bengaluru, Karnataka, India  
KSIT, Raghuvanahalli, Bengaluru, Karnataka 560109, India  
Lat 12.879409, Long 77.544872  
Saturday, 14/03/2026 12:42 GMT+05:30  
Note : Captured by GPS Map Camera



Om Sri Sai Ram  
Thank you.  
Wish you all the  
Best

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Lat 12.879409, Long 77.544872  
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Bengaluru, Karnataka, India  
KSIT, Raghuvanahalli, Bengaluru, Karnataka 560109, India  
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KSIT, Raghuvanahalli, Bengaluru, Karnataka 560109, India  
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Note : Captured by GPS Map Camera

GPS Map Camera



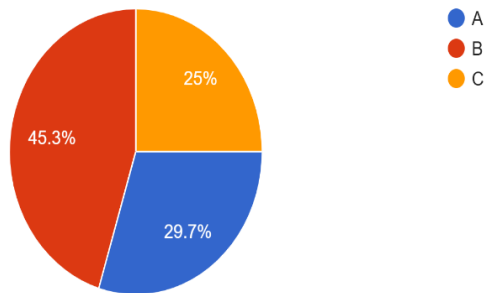
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KSIT, Raghuvanahalli, Bengaluru, Karnataka 560109, India  
Lat 12.879409, Long 77.544872  
Saturday, 14/03/2026 12:42 GMT+05:30  
Note : Captured by GPS Map Camera

GPS Map Camera

# Student Feedback

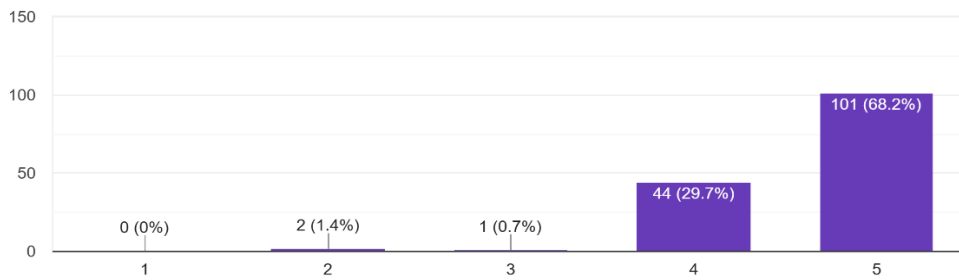
Section(A/B/C)

148 responses



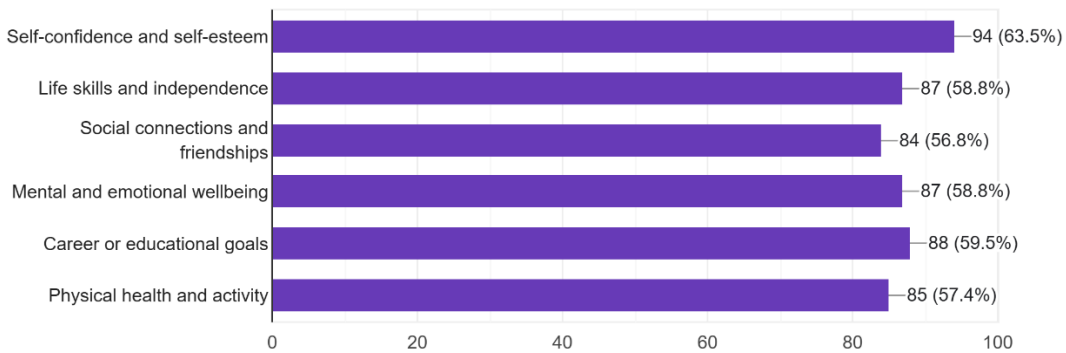
1.How would you rate your overall experience in the HOPE program?

148 responses



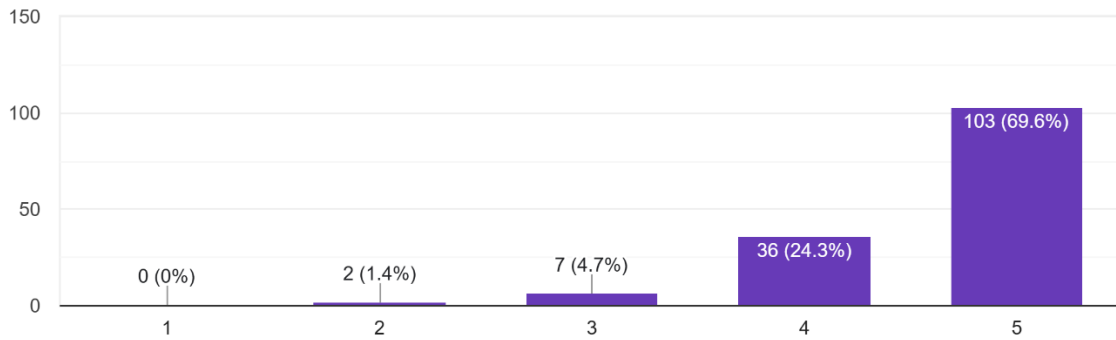
2.Which areas did the program help you improve? (Select all that apply)

148 responses



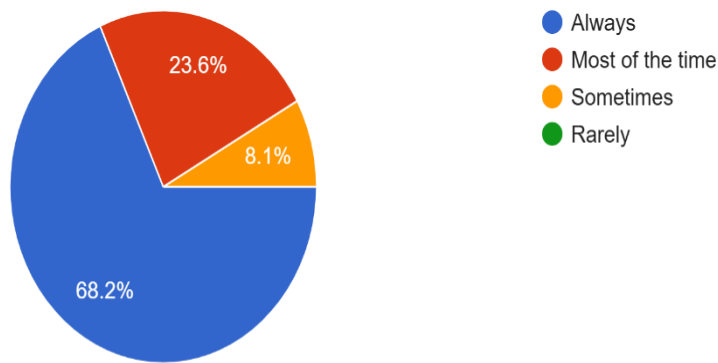
3.How would you rate the quality of guidance from your trainer or facilitator?

148 responses



4.Did your trainer communicate clearly and listen to your needs?

148 responses



**Impact Analysis**

How would you rate your overall experience in the HOPE program?	How would you rate the quality of guidance from your trainer or facilitator?	Did your trainer communicate clearly and listen to your needs?
98.6%	98.6%	100%
Overall Impact Analysis	99.06%	

## CO/PO & PSO Mapping – CSE:

CO/PO&PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO 10	PO 11	PS O1	PS O2
Event (Talk)	-	-	-	-	3	3	-	3	3	3	2	3	2

PSO1: To understand and apply the concepts to design and develop solutions in computer science and engineering.

PSO2: To use the inculcated experiential learning for research and develop inventive solutions for social benefit while ensuring security with moral values and ethics.

## Sustainable Development Goals Relevance Table (SDG):

SDG	Relevance
<b>SDG3: Good Health &amp; Well-Being</b>	By applying engineering knowledge to systematic design principles, data analysis, and technological innovation. engineers are able to optimize physical and mental healthcare systems--whether through developing health apps, wearables, remote-monitoring devices, or advanced healthcare software--ultimately enhancing multiple dimensions of patient care.
<b>SDG4: Quality Education</b>	This has been achieved by promoting lifelong and self-directed learning, skill-based education, and community outreach through local school visits, ensuring effective learning outcomes grounded in gender equality
<b>SDG7: Affordable &amp; Clean Energy</b>	By applying engineering knowledge and design principles to create efficient renewable technologies and smart energy systems, engineers contribute to affordable, clean energy solutions that enhance sustainability, efficiency, and societal well-being
<b>SDG9: Industry Innovation &amp; Infrastructure</b>	By applying engineering knowledge, modern tools, and innovative design principles to develop resilient infrastructure and industry-ready technological solutions.
<b>SDG11: Sustainable cities &amp; Communities</b>	Apply engineering knowledge and sustainable design practices to develop safe, resilient, and environmentally responsible urban systems that contribute to Sustainable Cities and Communities

**SDG12:  
Responsible  
consumption &  
Production**

Enable students to design products, processes, and systems that minimize resource consumption and waste, fostering responsible and sustainable engineering decisions."

Sl. No.	Event	SDG 3	SDG 4	SDG 7	SDG 9	SDG 11	SDG 12
1.	Talk on HoPE Program	√	√	-	-	-	-



**Prof. T Somasekhar**  
Event Coordinator



**Dr. Rekha B Venkatapur**  
Hod – CSE



**Dr. Dilip Kumar. K**  
Principal, KSIT

**Dr. Vijaya Lakshmi Mekali**  
Event Coordinator



Head of the Department  
Dept. of Computer Science & Engg.  
K.S Institute of Technology  
Bengaluru 560 109

— PRINCIPAL  
K.S. INSTITUTE OF TECHNOLOGY  
BENGALURU - 560 109

**Prof. Beena**  
Event Coordinators

